

# CHARLESTON

## SOUTHERN

### Track & Field

#### 2010 Charleston Southern Women's Outdoor Track and Field Results

##### March 12, 2010 - Palmetto Classic (Mt. Pleasant, S.C.)

<u>Name</u>	<u>Event</u>	<u>Time/Mark</u>	<u>Place</u>
Susanna McKee	800m Run	2:38.38	10
Adrienne Cuff	1 Mile Run	5:23.87	4
Breeann Guerra	Shot Put	10.17m	4
Tia Habersham	Shot Put	9.64m	6
Breeann Guerra	Discus	36.59m	4
Tia Habersham	Discus	29.64m	9
Tia Habersham	Hammer	42.30m	2
Breeann Guerra	Hammer	39.55m	9

##### March 19-20, 2010 CCU Shamrock Invitational (Myrtle Beach, S.C.)

<u>Name</u>	<u>Event</u>	<u>Time/Mark</u>	<u>Place</u>
Patria Norman	100m Hurdles	14.68	7
Channell Futrell	100m Hurdles	16.35	31
Gabrielle Houston	200m Dash	24.45	3
Jessica Thomas	200m Dash	25.23	15
Brittney Greer	200m Dash	27.82	58
Amerikorie Odey	400m Hurdles	1:04.53	13
Susanna McKee	800m Run	2:32.28	42
Hallie Wright	5,000m Run	20:27.65	19
Tracey Epley	5,000m Run	22:39.77	24
	4x200m Relay	1:40.60	7
Foster, Casey, Jones, Futrell	4x200m Relay	1:47.14	17
Tia Habersham	Hammer	42.11m	20
Breeann Guerra	Hammer	37.21m	34
Patria Norman	Javelin	25.08m	31
Channell Futrell	Javelin	24.59m	32
Breeann Guerra	Discus	37.10m	19
Patria Norman	Shot Put	12.11m	17
Breeann Guerra	Shot Put	10.70m	32

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# CHARLESTON SOUTHERN Track & Field

## 2010 Charleston Southern Women's Outdoor Track and Field Results

### March 19-20, 2010 CCU Shamrock Invitational (Myrtle Beach, S.C.) - CONT

Name	Event	Time/Mark	Place
Deona Jones	Long Jump	5.48m	8
Sequoia Casey	Long Jump	5.24m	17
Jessica Thomas	Long Jump	5.07m	31
Tamisha Foster	Long Jump	4.73m	49
Sequoia Casey	High Jump	1.60m	12
Ellyn Decker	High Jump	1.45m	26
Sequoia Casey	Triple Jump	10.42m	21
Tamisha Foster	Triple Jump	10.36m	26
Deona Jones	Triple Jump	10.21m	28

### March 225-26, 2010 ASICS/Winthrop Invitational (Rock Hill, S.C.)

Name	Event	Time/Mark	Place
Patria Norman	200m Hep	25.89	2
	800m Hep	2:44.00	7
	100m Hurdles Hep	14.81	3
	High Jump Hep	1.51m (4-11.50)	6
	Long Jump Hep	5.35m	3
	Shot Put Hep	10.67m	4
	Javelin	28.46m	7
	Total	4,511 Points	3
	Channell Futrell	200m Hep	27.78
800m Hep		2:44.19	8
100m Hurdles Hep		16.73	5
High Jump Hep		1.51m (4-11.50)	6
Long Jump Hep		4.97m	6
Shot Put Hep		7.94m	13
Javelin		30.30m	4
Total		3,861 Points	7
Ellyn Decker		200m Hep	31.25
	800m Hep	3:19.34	13
	100m Hurdles Hep	21.80	14
	High Jump Hep	1.35m (4-5.00)	12
	Long Jump Hep	4.03m	12
	Shot Put Hep	6.42m	14
	Javelin	18.10m	13
	Total	2,101 Points	13

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#### 2010 Charleston Southern Women's Outdoor Track and Field Results

March 27, 2010 Weems Baskin Invitational (Columbia, S.C.)

Name	Event	Time/Mark	Place
Gabrielle Houston	100m Dash	11.84	5
Jessica Thomas	100m Dash	12.12	14
Brittney Greer	100m Dash	12.81	31
Susanna McKee	800m Run	2:36.60	20
Adrienne Cuff	1,500m Run	5:23.23	22
Patria Norman	100m Hurdles	15.11	10
Channell Futrell	100m Hurdles	15.84	20
Amerikorie Odey	400m Hurdles	1:02.64	2
Norman, Houston, Foster, Thomas	4x100m Relay	47.46	5
Tia Habersham	Hammer	41.01m	18
Breeann Guerra	Hammer	37.34m	23
Ellyn Decker	Javelin	18.89m	15
Breeann Guerra	Discus	38.26m	13
Sequoya Casey	Long Jump	5.80m	3
Deona Jones	Long Jump	5.57m	6
Tamisha Foster	Long Jump	5.10m	13
Tamisha Foster	Triple Jump	10.93m	13
Breeann Guerra	Shot Put	10.40m	9
Sequoya Casey	High Jump	1.55m	6
Tracey Epley	5,000m Run	22:17.08	11

April 2-3, 2010 Duke Invitational (Durham, N.C.)

Name	Event	Time/Mark	Place
Jessica Thomas	100m-Prelims	12.02	2
Patria Norman	100m-Prelims	12.98	36
Tamisha Foster	100m-Prelims	13.24	50
Jessica Thomas	100m-Finals	11.96	2
Gabrielle Houston	200m	23.94	3
Jessica Thomas	200m	24.66	8
Patria Norman	100m Hurdles	14.83	14
Channell Futrell	100m Hurdles	15.64	31
Amerikorie Odey	400m Hurdles	1:03.63	5
Channell Futrell	Long Jump	5.10m	23

# CHARLESTON SOUTHERN

## Track & Field

### 2010 Charleston Southern Women's Outdoor Track and Field Results

April 15-17, 2010 Big South Championships (Charleston, S.C.)

Name	Event	Time/Mark	Place
Gabrielle Houston	100m-Prelims	11.53	2
Jessica Thomas	100m-Prelims	11.86	5
Brittney Greer	100m-Prelims	12.39	12
Gabrielle Houston	100m-Finals	11.50 (S)	1
Jessica Thomas	100m-Finals	11.77	4
Gabrielle Houston	200m-Prelims	23.65	2
Jessica Thomas	200m-Prelims	24.49	4
Brittney Greer	200m-Prelims	25.66	13
Gabrielle Houston	200m-Finals	23.55	3
Jessica Thomas	200m-Finals	24.13	4
Adrienne Cuff	800m Prelims	2:27.01	12
Susanna McKee	800m Prelims	2:29.09	13
Patria Norman	100m Hurdle-Prelims	14.16	3
Patria Norman	100m Hurdle-Finals	14:34	4
Amerikorie Odey	400m Hurdle-Prelims	1:02.77	2
Amerikorie Odey	400m Hurdle-Finals	1:03.15	4
Norman, Houston Greer, Thomas	4x100m Relay	45.74	1
Sequoia Casey	High Jump	1.56m (5-1.25)	11
Patria Norman	Long Jump	5.75m (18-10.50)	1
Deona Jones	Long Jump	5.43m (17-9.75)	5
Sequoia Casey	Long Jump	5.37m (17-7.50)	8
Tamisha Foster	Long Jump	5.25m (17-2.75)	11
Tamisha Foster	Triple Jump	11.63m (38-2.00)	4
Deona Jones	Triple Jump	10.72m (35-2.00)	11
Sequoia Casey	Triple Jump	10.69m (35-1.00)	13
Kori Penick	Shot Put	12.68m (41-7.25)	3
Tia Habersham	Shot Put	10.99m (36-0.75)	10
Breeann Guerra	Shot Put	10.94m (35.10.75)	12
Breeann Guerra	Discus	38.62m (126-8)	6
Tia Habersham	Discus	32.49m (106-7)	16
Tia Habersham	Hammer	45.15m (148-1)	8
Breeann Guerra	Hammer	36.79m (120-8)	14

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## SOUTHERN

### Track & Field

#### 2010 Charleston Southern Women's Outdoor Track and Field Results

April 15-17, 2010 Big South Championships (Charleston, S.C.) - Continued

<u>Name</u>	<u>Event</u>	<u>Time/Mark</u>	<u>Place</u>
Patria Norman	200m Hep	25.22	2
	800m Hep	2:53.61	10
	100m Hurdles Hep	14.40	2
	High Jump Hep	1.56m (5-1.25)	2
	Long Jump Hep	FOUL	--
	Shot Put Hep	11.94m (39-2.25)	1
	Javelin	27.57m (90-05)	6
	Total	3,994 Points	5
Channell Futrell	200m Hep	26.77	5
	800m Hep	2:30.20	2
	100m Hurdles Hep	14.92	4
	High Jump Hep	1.50m (4-11.0)	5
	Long Jump Hep	5.37m (17-7.50)	3
	Shot Put Hep	8.70m (28-6.50)	8
	Javelin	34.33m (112-7)	2
	Total	4,561 Points	3
Ellyn Decker	200m Hep	29.62	12
	800m Hep	DNS	--
	100m Hurdles Hep	19.36	12
	High Jump Hep	1.44m (4-8.75)	8
	Long Jump Hep	4.45m (14-7.25)	10
	Shot Put Hep	6.81m (22-4.25)	12
	Javelin	FOUL	--
	Total	N/A	--

#### May 6 - 7, 2010 Orange and Purple Classic (Clemson, S.C.)

<u>Name</u>	<u>Event</u>	<u>Time/Mark</u>	<u>Place</u>
Gabrielle Houston	100m Dash	11.38 (4.2 wind)	2
Brittney Greer	100m Dash	12.04 (4.2 wind)	9
Deona Jones	Long Jump	5.47m	6
Sequoia Casey	Long Jump	5.18m	9
Tamisha Foster	Triple Jump	11.79m (6.0 wind)	4

# CHARLESTON SOUTHERN Track & Field

## 2010 Charleston Southern Women's Outdoor Track and Field Results

### May 11 - 12, 2010 Deacon Combined Events Classic (Winston-Salem, N.C.)

Name	Event	Time/Mark	Place
Patria Norman	200m Hep	25.67	5
	800m Hep	2:54.14	14
	100m Hurdles Hep	14.45	2
	High Jump Hep	1.60m	T-5
	Long Jump Hep	5.57m	3
	Shot Put Hep	12.17m	1
	Javelin	27.83m	9
	Total	4,728 points	8

### May 14-15, 2010 Georgia Tech Invitational (Atlanta, Ga.)

Name	Event	Time/Mark	Place
Patria Norman	100m Hurdles	15.13	33
Jessica Thomas	100m Dash	12.14	37
Norman, Houston, Greer, Thomas	4x100m Relay	46.06	7

### May 27-29, 2010 NCAA Preliminary Rounds (Greensboro, N.C.)

Name	Event	Time/Mark	Place
Gabrielle Houston	100m Dash	11.62	25
Gabrielle Houston	200m Dash-First Round	23.69	13
Gabrielle Houston	200m Dash-Quarterfinals	23.72	15