

Recap

Licensed to Clemson University HY-TEK's Meet Manager 12/4/2009 09:40 PM
 Roaring Tiger Opener - 12/4/2009
 Clemson University - Track & Field
 Clemson Indoor Track
 Results

Event 1 Women 60 Meter Dash top 8 Final

=====
 Top 8 Advance by Time

Name	Year	School	Prelims	H#
Preliminaries				
1	254	Houston, Gabrielle	Charleston South	7.57q 1
2	94	Anderson, Jenae	Georgia Tech	7.63q 1
3	79	Davidson, Taylor	Georgia Tech	7.66q 1
4	130	Butler, Sirrell	Charlotte	7.67q 1
5	236	Thomas, Jessica	Charleston South	7.70q 2
5	3	Anthony, Demetrise	Georgia Southern	7.70q 1
7	202	Austin, Analisa	Bethune-Cookman	7.72q 2
8	595	Sinkler, April	Clemson	7.74q 1
9	379	Oliver, Laveeta	Jacksonville St.	7.76 4
10	169	Downing, Tiffanie	Charlotte	7.80 2
11	293	Smith, Ricola	Georgia State	7.86 2
12	62	Grant, Tiffany	Georgia Tech	7.88 2
13	575	Francis, Ann-Marie	Florida A&M	7.90 2
13	246	Greer, Brittney	Charleston South	7.90 3
15	470	Dyer, Alix	Emory	7.91 3
15	209	Harris, Alphedelli	Bethune-Cookman	7.91 2
17	21	Jordan, Antoinette	Georgia Southern	8.05 4
17	363	Boyd, India	Jacksonville St.	8.05 3
19	421	Donino, Brittany	Emory	8.13 4
19	550	Williams, Shetia	Florida A&M	8.13 3
21	354	Clark, Courtney	Jacksonville St.	8.22 4
21	291	Holt, Kelsye	Georgia State	8.22 3
23	395	Kalmeijer, Saskia	Col. of Charlest	8.32 4
24	457	Attiah, Lauren	Emory	8.34 4
25	549	Robinson, Raven	Florida A&M	8.44 3
26	232	Charlton, Lauren	Bethune-Cookman	8.59 3
--	184	Silver, Chalonda	Charlotte	FS 1
--	507	Reasonover, Deandr	Benedict	DNS 1
--	503	Washington, Shanyy	Benedict	DNS 2

Event 1 Women 60 Meter Dash top 8 Final

Name	Year	School	Finals	Points
Finals				
1	254	Houston, Gabrielle	Charleston South	7.55 10
2	94	Anderson, Jenae	Georgia Tech	7.59 8
3	3	Anthony, Demetrise	Georgia Southern	7.64 6
4	130	Butler, Sirrell	Charlotte	J7.64 5
5	202	Austin, Analisa	Bethune-Cookman	J7.64 4
6	79	Davidson, Taylor	Georgia Tech	7.66 3
7	236	Thomas, Jessica	Charleston South	7.72 2

8 595 Sinkler, April Clemson 7.86 1

Event 2 Men 60 Meter Dash top 8 Finals

Top 8 Advance by Time

Name	Year	School	Prelims	H#
Preliminaries				
1	278	Young, Javon	Charleston South	6.75q 1
2	174	Jordan, Sam	Charlotte	6.81q 1
3	268	Ward, Anthony	Charleston South	6.88q 1
4	563	Dunbar, David	Florida A&M	6.96q 1
4	217	Cray, Eric	Bethune-Cookman	6.96q 2
6	548	McKinzie, Carl	Florida A&M	6.97q 1
7	146	House, Demario	Charlotte	6.99q 1
8	208	Jackson, Chris	Bethune-Cookman	7.05q 2
9	556	Bolden, Ronald	Florida A&M	7.06 2
10	72	Jones, Perron	Georgia Tech	7.08 1
10	148	Hill, Reggie	Charlotte	7.08 2
12	95	Simms, Michael	Georgia Tech	7.10 2
13	440	Greenhouse, Alex	Emory	7.11 2
14	78	DiDia, Joe	Georgia Tech	7.19 3
15	479	Nwannunu, Nelson	Emory	7.25 3
16	330	Miles, Christopher	Georgia State	7.34 3
17	297	Harris, Torrey	Georgia State	7.41 3
18	337	Brown, Raymond	Georgia State	7.51 3
18	425	Riddle, Alex	Emory	7.51 3
20	203	Nelson, Montae	Bethune-Cookman	7.76 3
--	277	Schoultz, Marcus	Charleston South	FS 2
--	496	Washington, Darnel	Benedict	SCR 1
--	487	Thomas, Isaiah	Benedict	SCR 3
--	505	Hood, Willie	Benedict	SCR 2

Event 2 Men 60 Meter Dash top 8 Finals

Name	Year	School	Finals	Points
Finals				
1	278	Young, Javon	Charleston South	6.72 10
2	268	Ward, Anthony	Charleston South	6.82 8
3	174	Jordan, Sam	Charlotte	6.84 6
4	146	House, Demario	Charlotte	6.98 5
5	563	Dunbar, David	Florida A&M	6.99 4
6	548	McKinzie, Carl	Florida A&M	7.01 3
7	217	Cray, Eric	Bethune-Cookman	7.02 2
8	208	Jackson, Chris	Bethune-Cookman	7.21 1

Event 3 Women 60 Meter Hurdles top 8 Finals

Top 8 Advance by Time

Name	Year	School	Prelims	H#
Preliminaries				
1	74	Akwule, Melanie	Georgia Tech	8.74q 1
2	233	Bardge, Crystal	Bethune-Cookman	8.75q 1
3	124	Brathwaite, Sunita	Charlotte	8.79q 1
3	42	Isley, Jasmine	Georgia Tech	8.79q 1
5	161	Lindo, Lanaire	Charlotte	8.80q 1
6	205	Sanders, Ryan	Bethune-Cookman	9.00q 2
7	294	Moore, Tamara	Georgia State	9.04q 1

8	19	Billings, Jasmine	Georgia Southern	9.06q	3
9	9	Hyter, Lynndsey	Georgia Southern	9.07	2
10	568	Wright, LaToya	Florida A&M	9.14	2
11	388	McArthur, Jelain	Col. of Charlest	9.16	2
12	104	Morrisey, Tacara	Charlotte	9.18	1
13	358	Sturkie, Natasha	Jacksonville St.	9.27	3
14	83	Kent, Jasmine	Georgia Tech	9.32	1
15	385	Boersma, Isabel	Col. of Charlest	9.36	3
16	285	Norman, Leah	Georgia State	9.46	2
17	250	Norman, Patria	Charleston South	9.50	2
18	421	Donino, Brittany	Emory	9.57	3
19	376	Murphy, LaShundra	Jacksonville St.	9.76	4
20	391	Johnson, Brynne	Col. of Charlest	9.81	3
21	369	Butler, Shira	Jacksonville St.	9.88	4
22	443	Lambie-Hanson, Lau	Emory	10.16	4
23	308	Davis, Crystal	Georgia State	10.56	2
24	542	Young, Samantha	Florida A&M	10.71	2
--	423	McCullough, Jasmin	Emory	DNF	4
--	260	Futrell, Channell	Charleston South	SCR	3

Event 3 Women 60 Meter Hurdles top 8 Finals

Name	Year	School	Finals	Points
Finals				
1	74	Akwule, Melanie	Georgia Tech	8.65 10
2	42	Isley, Jasmine	Georgia Tech	8.69 8
3	161	Lindo, Lanair	Charlotte	8.72 6
4	124	Brathwaite, Sunita	Charlotte	8.75 5
5	19	Billings, Jasmine	Georgia Southern	8.91 4
6	294	Moore, Tamara	Georgia State	8.94 3
7	205	Sanders, Ryan	Bethune-Cookman	8.98 2
8	233	Bardge, Crystal	Bethune-Cookman	9.73 1

Event 4 Men 60 Meter Hurdles top 8 Finals

Name	Year	School	Prelims	H#
Top 8 Advance by Time				
Preliminaries				
1	111	McReynolds, Isaac	Charlotte	7.96q 1
2	46	Jordan, Alphonso	Georgia Tech	8.01q 1
3	143	Mack, Korel	Charlotte	8.03q 1
4	600	Maxey, Marcus	Clemson	8.08q 1
5	548	McKinzie, Carl	Florida A&M	8.12q 1
6	182	Eure, Derrick	Charlotte	8.24q 2
7	630	Moore, Dailyn	Clemson	8.29q 3
8	628	Jackson, Lamont	Clemson	8.32q 1
9	569	Carroll, Demarius	Florida A&M	8.40 2
10	629	Simmerson, Michael	Clemson	8.42 2
11	249	Riggins, Dominique	Charleston South	8.47 3
12	400	Bryant, Everett	Emory	8.54 3
13	602	Moss, Miller	Clemson	8.57 2
14	460	Hain, Fritz	Emory	8.60 2
15	427	Dry, Steve	Emory	8.64 2
--	571	Bynes, Greg	Florida A&M	DNS 1
--	527	Trapp-Jackson, Rak	Benedict	DNS 3
--	337	Brown, Raymond	Georgia State	DNS 3

Event 4 Men 60 Meter Hurdles top 8 Finals

Name	Year School	Finals	Points
Finals			
1	111 McReynolds, Isaac	Charlotte	7.89 10
2	143 Mack, Korel	Charlotte	8.03 8
3	630 Moore, Dailyn	Clemson	8.08 6
4	628 Jackson, Lamont	Clemson	8.12 5
5	548 McKinzie, Carl	Florida A&M	8.13 4
6	600 Maxey, Marcus	Clemson	8.15 3
7	182 Eure, Derrick	Charlotte	8.26 2
--	46 Jordan, Alphonso	Georgia Tech	DNS

Event 5 Women 4x800 Meter Relay

School	Finals	Points
1 Georgia Southern 'A'	9:43.24	10
1) 1 Rice, Talisha	2) 7 Fuller, Laura	
3) 22 Robillard, Azura	4) 2 Jefferson, Morgan	
2 Clemson University 'B'	x9:46.43	
1) 624 Hubbard, Molly	2) 592 Nelson, Amanda	
3) 625 Sulka, Brannon	4) 585 Vaughn, Ashley	
3 Clemson University 'A'	10:14.24	8
1) 599 Buffo, Stephanie	2) 596 Costagno, Annie	
3) 621 Castagno, Joanie	4) 603 Sapp, Candace	
4 Georgia Tech 'A'	10:17.91	6
1) 67 McKeirnan, Kayla	2) 34 Sims, Jade	
3) 85 Kownack, Mary	4) 32 Gezon, Katie	
-- Jacksonville St. 'A'	DNF	
1) 356 Citireag, Veronica	2) 368 Jensen, Kailey	
3) 357 Stephenson, Melissa	4) 366 Stovall, Ashley	
-- Bethune-Cookman 'A'	DNS	
1) 225 Henry, Asia	2) 216 Condell, Alexandria	
3) 222 Flowers, Jacquene	4) 233 Bardge, Crystal	

Event 6 Men 4x800 Meter Relay

School	Finals	Points
1 Clemson University 'A'	7:53.84	10
1) 594 Noble, Will	2) 613 Slate, Chris	
3) 606 Turnbull, Jasen	4) 610 Mangone, Ryan	
2 Georgia Tech 'A'	8:09.00	8
1) 92 Clasen, Hunter	2) 93 Sivanesan, Subbu	
3) 58 Lawson, Mike	4) 70 Oatts, Jay	
3 Bethune-Cookman 'A'	8:21.09	6
1) 211 Keeling, Marcell	2) 215 Cosby, William	
3) 212 Taylor, Derrick	4) 214 Harris, Tavares	
4 Florida A&M 'A'	8:21.41	5
1) 576 Podgainii, Artiom	2) 552 Buchanan, Lamere	
3) 555 Williams, Paul	4) 559 Alexander, Brandon	
5 Clemson University 'B'	x8:26.55	
1) 591 Iverson, Bryce	2) 620 Morey, Tyler	
3) 582 Ostrouchov, Chris	4) 632 Jagileski, Patrick	

Event 7 Women 500 Meter Dash

Name	Year School	Finals	H#	Points
------	-------------	--------	----	--------

1	607 Pringley, Brittany	Clemson	1:16.24	1	10
2	583 Austin, Sonni	Clemson	1:16.39	1	8
3	119 Jones, Shanice	Charlotte	1:16.51	1	6
4	611 Weber, Liane	Clemson	1:16.53	2	5
5	398 Zolga, Mary	Col. of Charlest	1:17.92	3	4
6	573 Hulse, Jeanette	Florida A&M	1:19.48	4	3
7	472 Reynolds, Alisha	Emory	1:19.63	3	2
8	110 Young, Cecily	Charlotte	1:20.06	2	1
9	216 Condell, Alexandri	Bethune-Cookman	1:20.08	4	
10	300 Brooks, Gabrielle	Georgia State	1:21.60	3	
11	14 JaJa Benson, JoAnn	Georgia Southern	1:21.67	2	
12	584 Farias, Karine	Clemson	1:21.98	2	
13	2 Jefferson, Morgan	Georgia Southern	1:23.45	1	
14	370 Jones, Tasheilra	Jacksonville St.	1:24.20	4	
15	360 Sturkie, Latasha	Jacksonville St.	1:25.87	3	
16	443 Lambie-Hanson, Lau	Emory	1:26.68	4	
17	353 Smith, Adonique	Jacksonville St.	1:27.56	4	
18	285 Norman, Leah	Georgia State	1:28.21	4	
19	542 Young, Samantha	Florida A&M	1:29.53	5	
20	566 Pleasant, Jasmine	Florida A&M	1:33.61	5	
21	222 Flowers, Jacqueline	Bethune-Cookman	1:35.27	5	
--	225 Henry, Asia	Bethune-Cookman	DNS	1	
--	269 Wright, Hallie	Charleston South	DNS	5	
--	34 Sims, Jade	Georgia Tech	DNS	2	
--	490 Williams, Veroniqu	Benedict	DNS	5	
--	530 Williams, Lache	Benedict	DNS	5	
--	314 White, Amber	Georgia State	DNS	3	
--	560 Moore, Deleatrice	Florida A&M	SCR		
--	587 Rollins, Brianna	Clemson	SCR		

Event 8 Men 500 Meter Dash

Name	Year	School	Finals	H#	Points	
1	604	Rispress, Jordan	Clemson	1:05.39	1	10
2	602	Moss, Miller	Clemson	1:06.16	2	8
3	556	Bolden, Ronald	Florida A&M	1:06.28	3	6
4	220	Horton, Robert	Bethune-Cookman	1:07.51	2	5
5	282	Tyler, Cornelius	Charleston South	1:07.68	4	4
6	180	Mojtabai, Cyrus	Charlotte	1:08.08	3	3
7	89	Gomba, Ryan	Georgia Tech	1:08.52	1	2
8	428	Chambers, Isaac	Emory	1:08.54	2	1
9	166	Savoy, James	Charlotte	1:08.71	3	
10	182	Eure, Derrick	Charlotte	1:09.00	2	
11	207	Creary, Devon	Bethune-Cookman	1:09.17	1	
12	471	Brennen, Chike	Emory	1:09.45	4	
13	551	Kinder, Arthur	Florida A&M	1:09.94	3	
14	319	Jenkins, Jamel	Georgia State	1:10.24	3	
15	239	Harris, Brandon	Charleston South	1:10.57	4	
16	451	Kirkland, Derek	Emory	1:11.56	4	
17	224	Douglas-Davis, Dem	Bethune-Cookman	1:14.58	1	
--	521	Precia, Kevin	Benedict	DNS	4	
--	516	Holmes, Jamar	Benedict	DNS	4	
--	553	Bostic, Timothy	Florida A&M	DNS	2	

Event 9 Women 300 Meter Dash

Name	Year	School	Finals	H#	Points	
1	619	Scott, Kristine	Clemson	39.35	1	10

2	593	Kendrick, Stormy	Clemson	40.01	1	8
3	587	Rollins, Brianna	Clemson	40.09	2	6
4	622	Mamona, Patricia	Clemson	40.19	3	5
5	62	Grant, Tiffany	Georgia Tech	40.32	1	4
6	601	Golladay, Michayli	Clemson	40.76	2	3
7	618	Edgeron, Jasmine	Clemson	40.81	3	2
8	71	Njoku, Leslie	Georgia Tech	41.32	2	1
9	21	Jordan, Antoinette	Georgia Southern	41.89	5	
10	221	Wilbon, Lashodra	Bethune-Cookman	41.93	3	
11	568	Wright, LaToya	Florida A&M	42.03	1	
12	365	Bond, Elizabeth	Jacksonville St.	42.26	3	
13	398	Zolga, Mary	Col. of Charlest	42.44	4	
14	283	Odey, Amerikorie	Charleston South	43.19	2	
15	595	Sinkler, April	Clemson	43.45	5	
16	17	Carter, Ebony	Georgia Southern	43.47	4	
17	402	Sa-Aadu, Hadzia	Emory	43.67	4	
18	358	Sturkie, Natasha	Jacksonville St.	44.13	4	
19	204	Watts, Vanderlyn	Bethune-Cookman	44.33	1	
20	575	Francis, Ann-Marie	Florida A&M	44.37	5	
21	293	Smith, Ricola	Georgia State	44.68	6	
22	561	Parks, Tayanna	Florida A&M	44.75	5	
23	617	Buchholz, Linda	Clemson	45.62	7	
24	482	Diggs, Charlotte	Emory	45.67	7	
25	353	Smith, Adonique	Jacksonville St.	46.81	6	
26	308	Davis, Crystal	Georgia State	47.68	6	
--	219	Harris, Andra	Bethune-Cookman	DNF	3	
--	609	Wineglass, Nakeish	Clemson	DNS	6	
--	310	Crowder, Soncere	Georgia State	DNS	6	
--	420	Umoren, Andima	Emory	DNS	7	
--	42	Isley, Jasmine	Georgia Tech	DNS	4	
--	530	Williams, Lache	Benedict	DNS	7	
--	507	Reasonover, Deandr	Benedict	DNS	7	
--	605	Brunson, Jasmine	Clemson	SCR		

Event 10 Men 300 Meter Dash

Name	Year	School	Finals	H#	Points
1	274	Brooks, Levi	Charleston South	34.47	1 10
2	328	Nicholson, Lawrenc	Georgia State	34.94	3 8
3	440	Greenhouse, Alex	Emory	35.45	2 6
4	474	Faits, Tyler	Emory	36.10	1 5
5	627	Delli Carpini, Cla	Clemson	36.49	5 4
6	243	Bowles, Benjamin	Charleston South	36.84	2 3
7	615	Fowler, Josh	Clemson	36.85	5 2
8	589	Murdock, Justin	Clemson	36.87	1 1
9	586	Smith, Bobby	Clemson	37.10	4
10	629	Simmerson, Michael	Clemson	37.74	5
11	433	Hilgendorf, Matt	Emory	37.91	1
12	579	Carrion, Kwame	Florida A&M	38.48	4
13	543	Brown, Stefan	Florida A&M	38.67	4
14	337	Brown, Raymond	Georgia State	39.21	4
15	330	Miles, Christopher	Georgia State	39.84	5
16	570	Johnson, Willie	Florida A&M	40.73	2
17	203	Nelson, Montae	Bethune-Cookman	41.26	3
18	226	Young, Johnareus	Bethune-Cookman	41.35	3
--	628	Jackson, Lamont	Clemson	DNS	3
--	510	Smith, Christopher	Benedict	DNS	5
--	612	Robinson, Will	Clemson	DNS	4
--	608	Fraser, Warren	Clemson	SCR	

Event 11 Women 1 Mile Run

Name	Year School	Finals	Points
1 305 Kinchen, Tamika	Georgia State	5:21.98	10
2 7 Fuller, Laura	Georgia Southern	5:22.64	8
3 386 Nagle, Emily	Col. of Charlest	5:31.57	6
4 366 Stovall, Ashley	Jacksonville St.	5:33.57	5
5 10 Curry, Sara	Georgia Southern	5:45.99	4
6 304 Takemoto, Melania	Georgia State	5:54.36	3
7 577 Fleming, Keelyn	Florida A&M	6:52.70	2
-- 280 McKee, Susanna	Charleston South	DNS	
-- 488 Amara, Priscilla	Benedict	DNS	

Event 12 Men 1 Mile Run

Name	Year School	Finals	Points
1 63 Stephenson, Morgan	Georgia Tech	4:44.02	10
2 33 Arends, Kevin	Georgia Tech	4:44.05	8
3 81 Stowe, Joseph	Georgia Tech	4:44.29	6
4 552 Buchanan, Lamere	Florida A&M	4:57.39	5
5 555 Williams, Paul	Florida A&M	5:00.01	4
6 564 Coleman, Isaiah	Florida A&M	5:11.37	3
7 336 Johnson, Rahsaan	Georgia State	5:20.72	2
-- 501 Molina, Giovanni	Benedict	DNS	
-- 459 Robin, Alex	Emory	DNS	
-- 535 Lomax, Rodriquez	Benedict	DNS	

Event 13 Women 4x400 Meter Relay

School	Finals	H#	Points
1 Clemson University 'A'	3:49.15	1	10
1) 607 Pringley, Brittany	2) 622 Mamona, Patricia		
3) 587 Rollins, Brianna	4) 583 Austin, Sonni		
2 Charlotte 'A'	3:53.34	1	8
1) 156 Brown, Ashley	2) 120 Coleman, Kortnie		
3) 142 Cunningham, Ebonie	4) 184 Silver, Chalonda		
3 Clemson University 'B'	x3:58.94	2	
1) 601 Golladay, Michaylin	2) 618 Edgerson, Jasmine		
3) 611 Weber, Liane	4) 619 Scott, Kristine		
4 Emory 'A'	4:02.36	3	6
1) 470 Dyer, Alix	2) 472 Reynolds, Alisha		
3) 448 Levy, Melanie	4) 402 Sa-Aadu, Hadzia		
5 Georgia State 'A'	4:02.73	1	5
1) 314 White, Amber	2) 329 Nugent, Angelia		
3) 300 Brooks, Gabrielle	4) 338 Swann, Brandy		
6 Bethune-Cookman 'A'	4:03.17	2	4
1) 204 Watts, Vanderlyn	2) 233 Bardge, Crystal		
3) 221 Wilbon, Lashodra	4) 231 Forbes, Alese		
7 Florida A&M 'A'	4:07.27	2	3
1) 568 Wright, LaToya	2) 561 Parks, Tayanna		
3) 575 Francis, Ann-Marie	4) 573 Hulse, Jeanette		
7 Clemson University 'C'	x4:07.27	3	
1) 593 Kendrick, Stormy	2) 584 Farias, Karine		
3) 609 Wineglass, Nakeisha	4) 617 Buchholz, Linda		
9 Georgia Southern 'A'	4:08.06	1	2
1) 2 Jefferson, Morgan	2) 14 JaJa Benson, JoAnn		

3) 22 Robillard, Azura	4) 21 Jordan, Antoinette		
10 Jacksonville St. 'A'		4:17.03	2 1
1) 365 Bond, Elizabeth	2) 360 Sturkie, Latasha		
3) 370 Jones, Tasheilra	4) 356 Citireag, Veronica		
-- Clemson University 'D'		DNS	3
1) 596 Costagno, Annie	2) 621 Castagno, Joanie		
3) 585 Vaughn, Ashley	4) 624 Hubbard, Molly		
-- Benedict 'A'		DNS	3
1) 530 Williams, Lache	2) 507 Reasonover, Deandra		
3) 490 Williams, Veronique	4) 512 Bastian, Melinda		

Event 14 Men 4x400 Meter Relay

School	Finals	H#	Points
1 Charlotte 'A'	3:18.91	1	10
1) 194 Dawes, Handy	2) 183 Guyon, Davonte		
3) 148 Hill, Reggie	4) 162 Law, Darius		
2 Clemson University 'A'	3:19.24	1	8
1) 602 Moss, Miller	2) 589 Murdock, Justin		
3) 620 Morey, Tyler	4) 604 Rispress, Jordan		
3 Emory 'A'	3:27.02	2	6
1) 471 Brennen, Chike	2) 428 Chambers, Isaac		
3) 440 Greenhouse, Alex	4) 474 Faits, Tyler		
4 Clemson University 'B'	x3:27.48	2	
1) 627 Delli Carpini, Claudio	2) 615 Fowler, Josh		
3) 600 Maxey, Marcus	4) 616 Tromp, Xavier		
5 Bethune-Cookman 'A'	3:28.10	1	5
1) 208 Jackson, Chris	2) 217 Cray, Eric		
3) 211 Keeling, Marcell	4) 215 Cosby, William		
6 Florida A&M 'A'	3:28.29	1	4
1) 553 Bostic, Timothy	2) 569 Carroll, Demarius		
3) 556 Bolden, Ronald	4) 552 Buchanan, Lamere		
7 Georgia State 'A'	3:37.07	2	3
1) 319 Jenkins, Jamel	2) 336 Johnson, Rahsaan		
3) 297 Harris, Torrey	4) 337 Brown, Raymond		
8 Clemson University 'C'	x3:37.67	2	
1) 610 Mangone, Ryan	2) 606 Turnbull, Jasen		
3) 613 Slate, Chris	4) 632 Jagileski, Patrick		
-- Clemson University 'D'		DNS	2
1) 628 Jackson, Lamont	2) 630 Moore, Dailyn		
3) 586 Smith, Bobby	4) 594 Noble, Will		

Event 15 Women Weight Throw Min 14.0m

Top 9 Advance by Time

13.00m M/H

Name	Year School	Prelims
Preliminaries		
1 626 Waller, Brittney	Clemson	16.52mqM/H
16.52m 15.31m 14.61m		
2 170 Bailey, Sharonda	Charlotte	14.98mqM/H
14.64m 14.98m FOUL		
3 76 Manning, Megan	Georgia Tech	14.51mqM/H
14.12m 14.51m FOUL		
4 100 McClean, Chelsey	Charlotte	14.42mqM/H
12.99m FOUL 14.42m		
5 69 Wagner, Bailey	Georgia Tech	13.65mqM/H
13.65m FOUL FOUL		

6	426 Lomotey, Leah FOUL 13.13m FOUL	Emory	13.13mqM/H
7	252 Habersham, Tia 13.10m FOUL FOUL	Charleston South	13.10mqM/H
8	15 Spivy, Amanda 12.23m FOUL FOUL	Georgia Southern	12.23mq
9	264 Guerra, Breeann 11.96m FOUL FOUL	Charleston South	11.96mq
10	390 Thacker, Keisha FOUL FOUL 11.36m	Col. of Charlest	11.36m
11	382 McKee, Casey FOUL 11.22m FOUL	Col. of Charlest	11.22m
12	8 Herndon, Sarah 9.34m FOUL FOUL	Georgia Southern	9.34m
--	372 Hoke, Andrea FOUL FOUL FOUL	Jacksonville St.	FOUL

Event 15 Women Weight Throw Min 14.0m

=====				
13.00m M/H				
Name	Year	School	Finals	Poi
=====				
Finals				
1	626	Waller, Brit	Clemson	16.52m M/H 10
				16.52m 15.31m 14.61m 15.63m 15.40m 15.31m
2	69	Wagner, Bail	Georgia Tech	15.97m M/H 8
				13.65m FOUL FOUL 15.97m FOUL 15.82m
3	170	Bailey, Shar	Charlotte	15.21m M/H 6
				14.64m 14.98m FOUL FOUL FOUL 15.21m
4	100	McClellan, Che	Charlotte	14.66m M/H 5
				12.99m FOUL 14.42m FOUL 14.66m 14.22m
5	76	Manning, Meg	Georgia Tech	14.51m M/H 4
				14.12m 14.51m FOUL 14.20m FOUL FOUL
6	426	Lomotey, Lea	Emory	13.13m M/H 3
				FOUL 13.13m FOUL FOUL FOUL FOUL
7	252	Habersham, T	Charleston South	13.10m M/H 2
				13.10m FOUL FOUL FOUL FOUL FOUL
8	15	Spivy, Amand	Georgia Southern	12.23m 1
				12.23m FOUL FOUL FOUL FOUL FOUL
9	264	Guerra, Bree	Charleston South	11.96m
				11.96m FOUL FOUL FOUL FOUL FOUL

Event 16 Men Weight Throw Min 16.0m

=====				
Top 9 Advance by Time				
14.63m M/H				
Name	Year	School	Prelims	
=====				
Preliminaries				
1	633	Padgett, Alex	Clemson	19.02mqM/H
				17.40m 18.38m 18.21m 18.64m 19.02m FOUL
2	261	Hayes, James	Charleston South	16.97mqM/H
				FOUL 16.55m FOUL 16.39m 16.97m 16.53m
3	56	Thompson, Duncan	Georgia Tech	16.85mqM/H
				15.46m FOUL FOUL 16.10m FOUL 16.85m
4	623	White, Stephen	Clemson	16.41mqM/H
				FOUL 16.41m FOUL 16.30m FOUL FOUL
5	121	Novotni, Jarryd	Charlotte	14.35mq
				14.35m FOUL FOUL FOUL FOUL
6	403	Bright, Thomas	Emory	11.30mq

	FOUL	FOUL	11.30m	FOUL	FOUL	FOUL	
7	251 Poison, Jean Piere			Charleston South			10.73mq
	FOUL	FOUL	10.73m	FOUL	FOUL	FOUL	

Event 16 Men Weight Throw Min 16.0m

=====							
14.63m M/H							
Name	Year School			Finals			Poi
=====							
Finals							
1	633 Padgett, Ale			Clemson			19.02m M/H
	17.40m	18.38m	18.21m	18.64m	19.02m	FOUL	10
2	261 Hayes, James			Charleston South			16.97m M/H
	FOUL	16.55m	FOUL	16.39m	16.97m	16.53m	8
3	56 Thompson, Du			Georgia Tech			16.85m M/H
	15.46m	FOUL	FOUL	16.10m	FOUL	16.85m	6
4	623 White, Steph			Clemson			16.41m M/H
	FOUL	16.41m	FOUL	16.30m	FOUL	FOUL	5
5	121 Novotni, Jar			Charlotte			14.35m
	14.35m	FOUL	FOUL	FOUL	FOUL	FOUL	4
6	403 Bright, Thom			Emory			11.30m
	FOUL	FOUL	11.30m	FOUL	FOUL	FOUL	3
7	251 Poison, Jean			Charleston South			10.73m
	FOUL	FOUL	10.73m	FOUL	FOUL	FOUL	2

Event 17 Women Shot Put Min 12.00m

=====							
Top 9 Advance by Time							
12.00m M/H							
Name	Year School			Prelims			
=====							
Preliminaries							
1	227 Williams, Ron-Dani			Bethune-Cookman			14.11mqM/H
	14.11m	12.95m	13.71m				
2	324 Berryhill, Yolanda			Georgia State			12.26mqM/H
	12.26m	12.06m	FOUL				
3	100 McClean, Chelsey			Charlotte			11.35mq
	FOUL	11.35m	FOUL				
4	223 Ruffin, Maketa			Bethune-Cookman			10.63mq
	FOUL	10.63m	FOUL				
5	252 Habersham, Tia			Charleston South			10.55mq
	10.55m	FOUL	FOUL				
6	264 Guerra, Breeann			Charleston South			10.28mq
	FOUL	FOUL	10.28m				
7	317 Henry, Sydney			Georgia State			10.22mq
	10.22m	FOUL	FOUL				
8	299 Jeboda, Jennifer			Georgia State			10.11mq
	10.11m	FOUL	FOUL				
9	6 Thomas, Ashley			Georgia Southern			9.75mq
	9.75m	FOUL	FOUL				
10	390 Thacker, Keisha			Col. of Charlest			9.50m
	9.50m	FOUL	FOUL				
11	8 Herndon, Sarah			Georgia Southern			9.43m
	9.43m	FOUL	FOUL				
12	67 McKeirnan, Kayla			Georgia Tech			9.17m
	FOUL	9.17m	FOUL				
13	572 Beverly, Kai			Florida A&M			9.08m
	FOUL	FOUL	9.08m				
14	391 Johnson, Brynne			Col. of Charlest			9.06m
	9.06m	FOUL	FOUL				

15	382 McKee, Casey	Col. of Charlest	8.02m
	FOUL FOUL 8.02m		
--	626 Waller, Brittney	Clemson	FOUL
	FOUL FOUL FOUL		
--	536 Clifford, Jallisa	Benedict	DNS
--	574 Vaughns-Bush, Aris	Florida A&M	DNS
--	514 Nixon, Gabrielle	Benedict	DNS
--	372 Hoke, Andrea	Jacksonville St.	DNS
--	529 Nembhard, Annalece	Benedict	DNS

Event 17 Women Shot Put Min 12.00m

=====							
12.00m M/H							
Name	Year School			Finals			Poi
=====							
Finals							
1	227 Williams, Ro	Bethune-Cookman	14.11m M/H				10
	14.11m 12.95m 13.71m 13.66m 13.88m 13.39m						
2	324 Berryhill, Y	Georgia State	12.97m M/H				8
	12.26m 12.06m FOUL 12.97m 12.42m FOUL						
3	100 McClean, Che	Charlotte	11.35m				6
	FOUL 11.35m FOUL FOUL FOUL FOUL						
4	223 Ruffin, Make	Bethune-Cookman	10.63m				5
	FOUL 10.63m FOUL FOUL FOUL FOUL						
5	252 Habersham, T	Charleston South	10.55m				4
	10.55m FOUL FOUL FOUL FOUL FOUL						
6	264 Guerra, Bree	Charleston South	10.28m				3
	FOUL FOUL 10.28m FOUL FOUL FOUL						
7	317 Henry, Sydne	Georgia State	10.22m				2
	10.22m FOUL FOUL FOUL FOUL FOUL						
8	299 Jeboda, Jenn	Georgia State	10.11m				1
	10.11m FOUL FOUL FOUL PASS PASS						
9	6 Thomas, Ashl	Georgia Southern	9.75m				
	9.75m FOUL FOUL FOUL FOUL FOUL						

Event 18 Men Shot Put Min 14.00m

Top 9 Advance by Time

=====							
14.63m M/H							
Name	Year School			Prelims			
=====							
Preliminaries							
1	106 Deaton, Jake	Charlotte	15.79mqM/H				
	15.79m FOUL FOUL						
2	633 Padgett, Alex	Clemson	15.14mqM/H				
	FOUL FOUL 15.14m						
3	623 White, Stephen	Clemson	14.85mqM/H				
	14.85m 14.53m 14.53m						
4	263 Eidson, John	Charleston South	13.60mq				
	13.60m FOUL FOUL						
5	56 Thompson, Duncan	Georgia Tech	13.51mq				
	13.51m FOUL FOUL						
6	121 Novotni, Jarryd	Charlotte	13.40mq				
	FOUL 13.40m FOUL						
7	271 Bolton, Anton	Charleston South	12.99mq				
	FOUL 12.99m FOUL						
8	416 Prunte, Brad	Emory	11.35mq				
	11.35m FOUL FOUL						
--	558 Scott, Frank	Florida A&M	DNS				

Event 18 Men Shot Put Min 14.00m

14.63m M/H						
Name	Year	School	Finals			Poi
Finals						
1	633	Padgett, Ale	Clemson	16.98m	M/H	10
		FOUL	FOUL	15.14m	16.07m	16.98m
		FOUL			FOUL	
2	106	Deaton, Jake	Charlotte	16.20m	M/H	8
		15.79m	FOUL	FOUL	FOUL	15.81m
					16.20m	
3	623	White, Steph	Clemson	15.17m	M/H	6
		14.85m	14.53m	14.53m	15.02m	14.93m
					15.17m	
4	263	Eidson, John	Charleston South	13.60m		5
		13.60m	FOUL	FOUL	FOUL	FOUL
					FOUL	
5	56	Thompson, Du	Georgia Tech	13.51m		4
		13.51m	FOUL	FOUL	FOUL	FOUL
					FOUL	
6	121	Novotni, Jar	Charlotte	13.40m		3
		FOUL	13.40m	FOUL	FOUL	FOUL
					FOUL	
7	271	Bolton, Anto	Charleston South	12.99m		2
		FOUL	12.99m	FOUL	FOUL	FOUL
					FOUL	
8	416	Pruente, Bra	Emory	11.35m		1
		11.35m	FOUL	FOUL	PASS	PASS
					PASS	

Event 19 Men Long Jump it 2 6.86m

Top 9 Advance by Time

6.86m M/H			
Name	Year	School	Prelims
Preliminaries			
1	248	Allen, Lavon	Charleston South
		7.19m	7.19mqM/H
		FOUL	6.78m
			7.19m
2	46	Jordan, Alphonso	Georgia Tech
		7.04m	7.04mqM/H
		FOUL	FOUL
			7.04m
3	479	Nwannunu, Nelson	Emory
		6.61m	6.61mq
		ND	ND
4	570	Johnson, Willie	Florida A&M
		6.42m	6.42mq
		ND	ND
5	602	Moss, Miller	Clemson
		6.41m	6.41mq
		FOUL	6.41m
			FOUL
6	612	Robinson, Will	Clemson
		6.36m	6.36mq
		ND	ND
7	228	Nicholas, Kenson	Bethune-Cookman
		6.35m	6.35mq
		ND	ND
8	467	Francis, Ian	Emory
		6.32m	6.32mq
		FOUL	FOUL
			6.32m
9	565	Tarver, Shelton	Florida A&M
		6.30m	6.30mq
		ND	ND
10	615	Fowler, Josh	Clemson
		6.21m	6.21m
		FOUL	FOUL
			6.21m
11	226	Young, Johnareus	Bethune-Cookman
		6.04m	6.04m
		ND	ND
12	281	Rhodes, Cory	Charleston South
		5.84m	5.84m
		ND	ND
13	297	Harris, Torrey	Georgia State
		5.69m	5.69m
		ND	ND
14	416	Pruente, Brad	Emory
		5.34m	5.34m
		ND	ND
--	101	Foster, Josh	Charlotte
		ND	ND
			ND

```

-- 494 Davis, Laval          Benedict          ND
   ND ND ND
-- 151 Chandler, Dewayne    Charlotte        FOUL
   FOUL FOUL FOUL
-- 230 Carter, Richard      Bethune-Cookman  FOUL
   FOUL FOUL FOUL

```

Event 19 Men Long Jump it 2 6.86m

```

=====
                6.86m M/H
Name              Year School              Finals              Poi
=====
Finals
 1   46 Jordan, Alph      Georgia Tech          7.33m M/H          10
   FOUL FOUL 7.04m 7.33m FOUL FOUL
 2  248 Allen, Lavon      Charleston South      7.19m M/H          8
   FOUL 6.78m 7.19m 7.11m FOUL 7.05m
 3  565 Tarver, Shel      Florida A&M           6.99m M/H          6
   6.30m ND ND 6.99m FOUL FOUL
 4  602 Moss, Miller      Clemson              6.93m M/H          5
   FOUL 6.41m FOUL 6.88m FOUL 6.93m
 5  479 Nwannunu, Ne      Emory               6.81m              4
   6.61m ND ND 6.60m FOUL 6.81m
 6  228 Nicholas, Ke      Bethune-Cookman      6.52m              3
   6.35m ND ND 6.52m 6.41m FOUL
 7  612 Robinson, Wi      Clemson              6.48m              2
   6.36m ND ND 6.48m FOUL PASS
 8  570 Johnson, Wil      Florida A&M           6.45m              1
   6.42m ND ND 6.45m FOUL 6.39m
 9  467 Francis, Ian      Emory               6.32m
   FOUL FOUL 6.32m FOUL PASS PASS

```

Event 20 Women Long Jump Pit 1 5.49m

```

=====
Top 9 Advance by Time
                5.33m M/H
Name              Year School              Prelims
=====
Preliminaries
 1     9 Hyter, Lynndsey    Georgia Southern      5.76mqM/H
   5.52m 5.69m 5.76m
 2    83 Kent, Jasmine      Georgia Tech          5.47mqM/H
   FOUL 5.47m FOUL
 3   235 Foster, Tamisha    Charleston South      5.45mqM/H
   5.45m ND ND
 4   609 Wineglass, Nakeish  Clemson              5.38mqM/H
   FOUL FOUL 5.38m
 5   107 Brown, Danielle     Charlotte             5.34mqM/H
   5.34m ND ND
 6    66 McLeod, Jhanelle    Georgia Tech          5.33mqM/H
   FOUL 5.33m FOUL
 7   457 Attiah, Lauren      Emory               5.31mq
   FOUL 5.31m FOUL
 8   109 Nelson, Ranae      Charlotte            5.28mq
   5.28m ND FOUL
 9    13 Hamilton, Shaunta    Georgia Southern      5.27mq
   5.27m FOUL ND
10   388 McArthur, Jelain    Col. of Charlest     5.25m
   5.25m FOUL FOUL
11   395 Kalmeijer, Saskia   Col. of Charlest     5.18m

```

	FOUL FOUL 5.18m		
11	205 Sanders, Ryan	Bethune-Cookman	5.18m
	5.18m ND ND		
13	300 Brooks, Gabrielle	Georgia State	5.11m
	5.11m ND ND		
14	310 Crowder, Soncerea	Georgia State	5.06m
	5.06m ND ND		
15	291 Holt, Kelsye	Georgia State	5.03m
	5.03m ND ND		
16	253 Jones, Deona	Charleston South	4.94m
	4.94m ND ND		
17	385 Boersma, Isabel	Col. of Charlest	4.92m
	4.92m FOUL FOUL		
18	413 Ford, Theresa	Emory	4.84m
	FOUL 4.84m FOUL		
19	580 Morrow, Tiffany	Florida A&M	4.77m
	4.77m ND ND		
20	581 Davis, Ashante	Florida A&M	4.71m
	4.71m ND ND		
21	244 Casey, Sequoya	Charleston South	4.51m
	FOUL 4.51m FOUL		
--	210 Gibson, Britney	Bethune-Cookman	DNS
	PASS PASS PASS		
--	605 Brunson, Jasmine	Clemson	DNS
	PASS PASS PASS		
--	515 Hill, Latasha	Benedict	DNS
	PASS PASS PASS		
--	617 Buchholz, Linda	Clemson	DNS
	PASS PASS PASS		
--	206 Thomas, Shamica	Bethune-Cookman	DNS
	PASS PASS PASS		

Event 20 Women Long Jump Pit 1 5.49m

=====

5.33m M/H

Name	Year School	Finals	Poi
=====			
Finals			
1	9 Hyter, Lynnd Georgia Southern	5.76m M/H	10
	FOUL 5.51m 4.68m 5.52m 5.69m 5.76m		
2	83 Kent, Jasmin Georgia Tech	5.62m M/H	8
	FOUL 5.62m FOUL FOUL 5.47m FOUL		
3	66 McLeod, Jhan Georgia Tech	5.51m M/H	6
	5.51m FOUL FOUL FOUL 5.33m FOUL		
4	235 Foster, Tami Charleston South	5.45m M/H	5
	4.82m 5.13m 5.03m 5.45m ND ND		
5	107 Brown, Danie Charlotte	5.41m M/H	4
	FOUL 5.41m FOUL 5.34m ND ND		
6	609 Wineglass, N Clemson	5.38m M/H	3
	5.25m 5.36m 5.37m FOUL FOUL 5.38m		
7	457 Attiah, Laur Emory	5.31m	2
	FOUL FOUL FOUL FOUL 5.31m FOUL		
8	109 Nelson, Rana Charlotte	5.28m	1
	5.05m 5.23m FOUL 5.28m ND FOUL		
9	13 Hamilton, Sh Georgia Southern	5.27m	
	5.21m FOUL FOUL 5.27m FOUL ND		

Event 21 Men Pole Vault Pit 2 4.65m

=====

4.46m M/H

Name	Year	School	Finals	Poi
1 84 Unterberger,		Georgia Tech	4.75m M/H	10
4.45 4.60 4.75 4.90				
O P O XXX				
-- 510 Smith, Chris		Benedict	DNS	
-- 616 Tromp, Xavie		Unattached	SCR	

Event 22 Women Pole Vault Pit 1 3.35m

3.20m M/H		Name	Year	School	Finals	Poi
1	49	Wright, Joan		Georgia Tech	3.95m M/H	10
		3.05 3.20 3.35 3.50 3.65 3.80 3.95 4.05				
		PPP PPP PPP O O O XO XXX				
2	45	Penk, Erica		Georgia Tech	3.80m M/H	8
		3.05 3.20 3.35 3.50 3.65 3.80 3.95				
		PPP PPP O O XO O XXX				
3	598	Kennedy, Car		Clemson	3.65m M/H	6
		3.05 3.20 3.35 3.50 3.65 3.80				
		PPP PPP PPP O O XXX				
4	614	Morrison, Am		Clemson	J3.65m M/H	5
		3.05 3.20 3.35 3.50 3.65 3.80				
		PPP PPP O O XXO XXX				
5	399	Taylor, Chel		Col. of Charlest	3.35m M/H	4
		3.05 3.20 3.35 3.50				
		PPP O O XXX				
6	588	Bartlett, Ca		Clemson	J3.35m M/H	3
		3.05 3.20 3.35 3.50				
		XO XO XO XXX				
7	375	Wiley, Amber		Jacksonville St.	3.20m M/H	2
		3.05 3.20 3.35				
		O O XXX				
8	371	Markiewicz,		Jacksonville St.	3.05m	1
		3.05 3.20				
		XXO XXX				

Event 23 Women High Jump SH 1.58m

1.55m M/H		Name	Year	School	Finals	Poi
1	617	Buchholz, Li		Clemson	1.72m M/H	10
		1.55 1.60 1.63 1.66 1.69 1.72 1.75				
		P XO O XO O O XXX				
2	384	Smith, Emily		Col. of Charlest	1.69m M/H	8
		1.55 1.60 1.63 1.66 1.69 1.72				
		O XO O O XO XXX				
3	380	Nocero, Donn		Jacksonville St.	1.63m M/H	6
		1.55 1.60 1.63 1.66				
		XO XO XO XXX				
4	16	Cassagnol, A		Georgia Southern	1.60m M/H	5
		1.55 1.60 1.63				
		O XO XXX				
5	385	Boersma, Isa		Col. of Charlest	1.55m M/H	4
		1.55 1.60				
		O XXX				
6	355	Thomas, Erik		Jacksonville St.	J1.55m M/H	3
		1.55 1.60				

	XO	XXX				
7	578	Pilliner, Su	Florida A&M	J1.55m	M/H	2
	1.55	1.60				
	XXO	XXX				
--	557	Colter, Step	Florida A&M		NH	
	1.55					
	XXX					
--	210	Gibson, Brit	Bethune-Cookman		NH	
	1.55					
	XXX					
--	258	Decker, Elly	Charleston South		NH	
	1.55					
	XXX					
--	391	Johnson, Bry	Col. of Charlest		NH	
	1.55					
	XXX					
--	13	Hamilton, Sh	Georgia Southern		NH	
	1.55					
	XXX					
--	413	Ford, Theres	Emory		NH	
	1.55					
	XXX					
--	512	Bastian, Mel	Benedict		DNS	
--	206	Thomas, Sham	Bethune-Cookman		DNS	

Event 24 Men High Jump SH 1.94m

=====						
1.93m M/H						
Name	Year	School	Finals	Poi		
=====						
1	229	Breaux, Anth	Bethune-Cookman	1.52m	10	
	1.52	1.55				
	O	XXX				
--	111	McReynolds,	Charlotte		DNS	

Men - Team Rankings - 12 Events Scored

=====							
1)	Clemson University	95	2)	Georgia Tech	64		
3)	Charleston Southern	60	4)	Charlotte	59		
5)	Florida A&M	45	6)	Bethune-Cookman	32		
7)	Emory	26	8)	Georgia State	13		

Licensed to Appalachian Track
 2009 Appalachian Indoor Track Invitational - 12/5/2009
 HY-TEK's Meet Manager
 George Holmes Convocation Center
 Appalachian State - Boone, N.C.
 Results

Event 1 Women Long Jump

Holmes Cente: * 20-08 2007 Vonteena Knotts, Appalachian				
Name	Year	School	Finals	
Finals				
1 Harvey, Bianca		Appalachian Stat	5.70m	18-08.50
2 Daley, Tamala		South Carolina S	5.60m	18-04.50
3 Van-Lare, Suzzette		Kennesaw State	5.54m	18-02.25
4 Crutchfield, Kiara		Appalachian Stat	5.45m	17-10.75
4 Smith, Jasmine		South Carolina S	5.45m	17-10.75
6 Lender, Bethany		East Tennessee S	5.40m	17-08.75
7 Morrisey, Tacara		Charlotte	5.37m	17-07.50
8 Joseph, Morgan		Western Carolina	5.20m	17-00.75
8 Jones, Tia		Western Carolina	5.20m	17-00.75
10 Pease, Ashley		East Tennessee S	5.14m	16-10.50
11 Casey, Seqouya		Charleston South	5.10m	16-08.75
12 Peake, Erica		South Carolina S	5.07m	16-07.75
13 Parrish, Raven		Western Carolina	5.05m	16-07.00
14 Milton, Katy		Gardner-Webb	4.97m	16-03.75
15 Morgan, Kayla		Gardner-Webb	4.95m	16-03.00
16 Brewton, Lanneka		King	4.94m	16-02.50
17 McGowan, Sam		Limestone	4.92m	16-01.75
18 Foster, Tamisha		Charleston South	4.91m	16-01.50
19 Wilson, Stephanie		Limestone	4.89m	16-00.50
20 Black, LaQuana		Claflin	4.88m	16-00.25
21 Crutchfield, Naadia		Appalachian Stat	4.85m	15-11.00
22 Gilliam, Alexis		Winthrop	4.80m	15-09.00
23 Gainey, Alicia		Charlotte	4.77m	15-07.75
24 Thompson, Michelle		Livingstone	4.70m	15-05.00
24 Hagler, Kiana		King	4.70m	15-05.00
26 Brathwaite, Sunita		Charlotte	4.67m	15-04.00
27 Hill, Latasha		Benedict	4.65m	15-03.25
28 Totman, Shannon		Mars Hill	4.57m	15-00.00
29 Tyler, Erin		Lees-McRae	4.43m	14-06.50
30 Powell, Brittany		Western Carolina	4.42m	14-06.00
31 Wilson, Dominique		Claflin	4.34m	14-03.00
32 Lowe, Auburn		Lees-McRae	4.25m	13-11.50
33 Lee, Yazzming		Gardner-Webb	4.20m	13-09.50
34 McCoy, Shantra		Lees-McRae	4.18m	13-08.75
35 Tiplady, Deanne		Appalachian Stat	4.06m	13-04.00
36 Youell, Amanda		East Tennessee S	3.97m	13-00.25
-- Thorpe, Danielle		Appalachian Stat		ND

Event 2 Men Long Jump

Holmes Cente: * 25-00.75 2001 Ciaran McDonagh, Speed Dynamics				
Name	Year	School	Finals	
1 Dollard, Alex		Western Carolina	7.16m	23-06.00
2 Beaver, Ryan		East Tennessee S	7.15m	23-05.50
3 Allen, Lavon		Charleston South	6.92m	22-08.50
4 Knight, Levar		South Carolina S	6.79m	22-03.50
4 Hasty, Zachery		South Carolina S	6.79m	22-03.50

4	Pearce, DeSean	Appalachian Stat	6.79m	22-03.50
7	Logan, Joshua	Livingstone	6.70m	21-11.75
8	Miller, Cameron	Unattached-ETSU	6.66m	21-10.25
9	Willard, Lawren	Western Carolina	6.64m	21-09.50
10	Westfield, Dre	East Tennessee S	6.60m	21-08.00
10	Stephens, Marcus	South Carolina S	6.60m	21-08.00
12	Johnson, Jason	East Tennessee S	6.52m	21-04.75
12	Davis, Laval	Benedict	6.52m	21-04.75
14	Martin, John	Appalachian Stat	6.50m	21-04.00
15	Priest, LaQuan	Claflin	6.48m	21-03.25
16	Bush, Phillip	Appalachian Stat	6.47m	21-02.75
17	Lockhart, Michael	East Tennessee S	6.45m	21-02.00
18	Alexander, Corey	Lees-McRae	6.30m	20-08.00
18	Wilson, Mike	Appalachian Stat	6.30m	20-08.00
20	Mohammed, Jibril	Unattached-WCU	6.26m	20-06.50
21	Scott, Kortez	Limestone	6.22m	20-05.00
22	Evans, Matt	Western Carolina	6.19m	20-03.75
23	Brusich, Evan	Gardner-Webb	6.18m	20-03.50
24	Brown, Joseph	Lees-McRae	6.17m	20-03.00
24	Rucker, Johnathan	Gardner-Webb	6.17m	20-03.00
26	Rackley, Kendall	Unattached-ASU	6.15m	20-02.25
26	Haston, Justin	Unattached-ETSU	6.15m	20-02.25
28	Bowles, Benji	Charleston South	6.12m	20-01.00
29	Haake, Simon	Unc Asheville	6.09m	19-11.75
30	Rhodes, Cory	Charleston South	6.06m	19-10.75
31	Thurman, Kegan	Kennesaw State	6.00m	19-08.25
31	Inman, Lawrence	Claflin	6.00m	19-08.25
33	Gore, Richard	Limestone	5.98m	19-07.50
33	Riberdy, Tyler	Kennesaw State	5.98m	19-07.50
35	Burton, Luke	Unattached-WCU	5.95m	19-06.25
36	Phillips, Adam	Lees-McRae	5.77m	18-11.25
37	Graham, Brian	Kennesaw State	5.74m	18-10.00
38	Miller, Bo	Gardner-Webb	5.72m	18-09.25
39	Miller, Rashon	Guilford	5.53m	18-01.75
40	Clark, Quarderius	King	5.42m	17-09.50
41	Facinoli, Theo	Winthrop	5.35m	17-06.75
42	Wilson, Gray	Charlotte	5.04m	16-06.50
--	Dorn-Long, Aaron	Claflin	FOUL	
--	Coburn, Jordan	Claflin	FOUL	
--	Williams, Stephen	Lees-McRae	FOUL	
--	Egeonu, Leslie	Unattached-Guilf	FOUL	
--	Elmore, Mark	South Carolina S	FOUL	
--	Enright, Billy	Unc Asheville	FOUL	

Event 3 Women Triple Jump

Holmes Cente: * 41-11.25 2006 Ronda White, Unattached				
Name	Year	School	Finals	
1	Jones, Tia	Western Carolina	12.03m	39-05.75
2	Brown, Danielle	Charlotte	12.00m	39-04.50
3	Smith, Jasmine	South Carolina S	11.98m	39-03.75
4	Daley, Tamala	South Carolina S	11.94m	39-02.25
5	Harvey, Bianca	Appalachian Stat	11.51m	37-09.25
6	Van-Lare, Suzzette	Kennesaw State	11.45m	37-06.75
7	Milton, Latyia	Claflin	11.28m	37-00.25
8	Lender, Bethany	East Tennessee S	11.20m	36-09.00
9	Thomas, Jettana	Western Carolina	11.05m	36-03.00
10	Phillips, Jessica	Charlotte	10.89m	35-08.75
11	Young, Sarah	Winthrop	10.60m	34-09.50

12	Pease, Ashley	East Tennessee S	10.59m	34-09.00
13	Holmes, Rebecca	Winthrop	10.49m	34-05.00
14	Gilliam, Alexis	Winthrop	10.44m	34-03.00
15	Roane, Alee	Charlotte	10.27m	33-08.50
16	Powell, Brittany	Western Carolina	10.26m	33-08.00
17	Hill, Latasha	Benedict	10.13m	33-03.00
18	Totman, Shannon	Mars Hill	10.06m	33-00.25
19	Wilson, Stephanie	Limestone	10.02m	32-10.50
20	Lee, Yazzming	Gardner-Webb	10.01m	32-10.25
21	Wilson, Dominique	Clafin	9.98m	32-09.00
22	Barnett, Mercedes	Charlotte	9.95m	32-07.75
23	McGowan, Sam	Limestone	9.40m	30-10.25
--	Black, LaQuana	Clafin	FOUL	

Event 4 Men Triple Jump

Holmes Cente: * 51-08.25 2003 Rephel Martin, Unattached				
Name	Year	School	Finals	
1	Stephens, Marcus	South Carolina S	15.30m	50-02.50
2	Priest, LaQuan	Clafin	14.65m	48-00.75
3	Beaver, Ryan	East Tennessee S	14.53m	47-08.00
4	Johnson, Jason	East Tennessee S	13.95m	45-09.25
5	Simms, Keary	Winthrop	13.89m	45-07.00
6	Foster, Josh	Charlotte	13.80m	45-03.50
7	Lee, Max	East Tennessee S	13.79m	45-03.00
8	Conley, Andre	Charlotte	13.77m	45-02.25
9	Dollard, Alex	Western Carolina	13.72m	45-00.25
10	Williams, Cornelius	Western Carolina	13.54m	44-05.25
11	Riberdy, Tyler	Kennesaw State	13.45m	44-01.50
12	Westfield, Dre	East Tennessee S	13.38m	43-10.75
13	Evans, Lee	Charlotte	13.13m	43-01.00
14	Rackley, Kendall	Unattached-ASU	13.04m	42-09.50
15	Scott, Kortez	Limestone	13.00m	42-08.00
16	Mansfield, Christopher	Clafin	12.90m	42-04.00
17	Martin, John	Appalachian Stat	12.83m	42-01.25
18	Willard, Lawren	Western Carolina	12.10m	39-08.50
--	Haston, Justin	Unattached-ETSU	FOUL	
--	Alexander, Corey	Lees-McRae	FOUL	
--	Mohammed, Jibril	Unattached-WCU	FOUL	

Event 5 Women High Jump

Holmes Cente: * 5-08 Dawkins/Hazeltine, Gardner-Webb/Appalachian				
Name	Year	School	Finals	
1	Hazeltine, Rebecca	Appalachian Stat	1.68m	5-06.00
2	Hills, Bridget	Appalachian Stat	J1.68m	5-06.00
3	Ragland, Jakia	Kennesaw State	1.63m	5-04.25
4	Van-Lare, Suzzette	Kennesaw State	J1.63m	5-04.25
4	Carothers, Janet	Western Carolina	J1.63m	5-04.25
6	Howell, Ann Marie	Gardner-Webb	J1.63m	5-04.25
7	Herd, Sarah	Gardner-Webb	1.58m	5-02.25
7	Leverette, Christie	Kennesaw State	1.58m	5-02.25
9	Quimby, Michelle	Kennesaw State	J1.58m	5-02.25
9	Thomas, Jettana	Western Carolina	J1.58m	5-02.25
11	Ward, Julie	Appalachian Stat	J1.58m	5-02.25
12	Trotter, Corrie	Unc Asheville	1.53m	5-00.25
12	McCarthy, Ashley	Mars Hill	1.53m	5-00.25
14	Luper, Erin	Davidson	J1.53m	5-00.25

15	Decker, Ellynn	Charleston South	1.48m	4-10.25
16	Smith, Ginny	Mars Hill	J1.48m	4-10.25
16	Arledge, Caroline	Gardner-Webb	J1.48m	4-10.25
18	Louder, Alexis	Charlotte	J1.48m	4-10.25
18	Wright, Carlyn	Western Carolina	J1.48m	4-10.25
--	Thompson, Michelle	Livingstone	NH	
--	Manilla, Jena	Davidson	NH	
--	Milton, Katy	Gardner-Webb	NH	

Event 6 Men High Jump

Holmes Cente: * 6-11.75 2003 Craig Norman, Gardner-Webb				
Name	Year	School	Finals	
1	McKinzie, Jerome	Kennesaw State	2.11m	6-11.00
2	Evans, Matt	Western Carolina	2.08m	6-09.75
3	McReynolds, Isaac	Charlotte	1.93m	6-04.00
4	Triplett, Brad	Appalachian Stat	J1.93m	6-04.00
4	Boruff, Matt	Appalachian Stat	J1.93m	6-04.00
6	Blythe, Will	Kennesaw State	J1.93m	6-04.00
7	Zeman, Cameron	Kennesaw State	J1.93m	6-04.00
7	Knight, Levar	South Carolina S	J1.93m	6-04.00
9	Thurman, Kegan	Kennesaw State	1.88m	6-02.00
9	Gore, Richard	Limestone	1.88m	6-02.00
11	Reber, Collin	Appalachian Stat	J1.88m	6-02.00
12	Inman, Lawrence	Claflin	1.83m	6-00.00
13	Hill, Matt	East Tennessee S	J1.83m	6-00.00
13	James, Mike	East Tennessee S	J1.83m	6-00.00
13	Mozzone, Nick	Unc Asheville	J1.83m	6-00.00
16	Gift, David	Unattached-WCU	J1.83m	6-00.00
17	Carter, David	Appalachian Stat	1.78m	5-10.00
--	Scott, Kortez	Limestone	NH	
--	Bowles, Benji	Charleston South	NH	
--	Eckard, Cody	Mars Hill	NH	
--	Rowand, Sean	Lees-McRae	NH	
--	Hogbin, Danny	Lees-McRae	NH	

Event 7 Women Pole Vault

Holmes Cente: * 12-06.25 2003 Suzanne Makinson, Appalachian				
Name	Year	School	Finals	
1	Quimby, Michelle	Kennesaw State	3.50m	11-05.75
2	Beale, Ashley	Appalachian Stat	3.35m	10-11.75
3	Ward, Julie	Appalachian Stat	J3.35m	10-11.75
4	Bowman, Tara	Winthrop	3.20m	10-06.00
4	Smith, Teresa	Kennesaw State	3.20m	10-06.00
6	Long, Carrie	Gardner-Webb	J3.20m	10-06.00
7	Cook, Taylor	Gardner-Webb	J3.20m	10-06.00
8	McKie, Kassie	Western Carolina	3.05m	10-00.00
9	Hightower, Kacey	Kennesaw State	J3.05m	10-00.00
10	Howell, Ann Marie	Gardner-Webb	J3.05m	10-00.00
11	Trimble, Hannah	Lees-McRae	2.90m	9-06.25
11	Mullinax, Makenzie	Charlotte	2.90m	9-06.25
--	Hazeltine, Rebecca	Appalachian Stat	FAIL	
--	Lightner, Mandy	Appalachian Stat	FAIL	
--	Wilson, Meredith	Appalachian Stat	FAIL	
--	Waldbart, Anna	King	FAIL	
--	Wala, Ashley	Western Carolina	FAIL	
--	Hughes, Summer	Western Carolina	FAIL	

-- Malone, Anna	Charlotte	FAIL
-- Wright, Bethany	Gardner-Webb	FAIL

Event 8 Men Pole Vault

Holmes Cente: * 17-01 2002				David Stephens, South Carolina State	
Name	Year	School	Finals		
1	Arthur, Jonathan	Lees-McRae	4.85m	15-11.00	
2	Kelly, Allen	Lees-McRae	4.70m	15-05.00	
3	Twiford, Ryan	Appalachian Stat	4.55m	14-11.00	
4	Boruff, Matt	Appalachian Stat	J4.55m	14-11.00	
4	Briggs, Jordan	East Tennessee S	J4.55m	14-11.00	
6	Patterson, Landon	Appalachian Stat	J4.55m	14-11.00	
7	O'Steen, Michael	Western Carolina	4.40m	14-05.25	
7	Wilson, Mike	Appalachian Stat	4.40m	14-05.25	
7	Chamblee, Aaron	Kennesaw State	4.40m	14-05.25	
10	Bell, Jack	Appalachian Stat	J4.40m	14-05.25	
10	Smith, Christopher	Benedict	J4.40m	14-05.25	
12	Reed, Adam	Kennesaw State	J4.40m	14-05.25	
13	Reardon, Sean	Western Carolina	4.25m	13-11.25	
13	Mobley, Daniel	Gardner-Webb	4.25m	13-11.25	
15	Parker, Wayne	Western Carolina	J4.25m	13-11.25	
15	Ruble, Macey	Charlotte	J4.25m	13-11.25	
17	Dever, Kevin	Lees-McRae	J4.25m	13-11.25	
18	Boyd, Ian	Unc Asheville	4.10m	13-05.25	
18	Leonard, Keith	Unattached-WCU	4.10m	13-05.25	
20	Bridges, Jake	Kennesaw State	J4.10m	13-05.25	
20	Chernikow, Nic	East Tennessee S	J4.10m	13-05.25	
20	Sandling, Evan	Appalachian Stat	J4.10m	13-05.25	
23	Baum, Matt	East Tennessee S	J4.10m	13-05.25	
23	Wilson, Gray	Charlotte	J4.10m	13-05.25	
23	Gilbert, Les	East Tennessee S	J4.10m	13-05.25	
--	Goodchild, Jake	Appalachian Stat	FAIL		
--	Gardner, Steven	Gardner-Webb	FAIL		
--	Walker, Drew	Winthrop	FAIL		
--	George, Cameron	Charlotte	FAIL		
--	Phillips, Jonathan	Charlotte	FAIL		

Event 9 Women Shot Put

Holmes Cente: * 49-06.50 2006				Beverly Burnett, Appalachian	
Name	Year	School	Finals		
1	Smyre, Whitney	Appalachian Stat	13.69m	44-11.00	
2	Rothmiller, Shamire	South Carolina S	13.30m	43-07.75	
3	Alexander, Ashlei	Gardner-Webb	12.86m	42-02.25	
4	Watkins, Gayshawna	Appalachian Stat	12.74m	41-09.75	
5	Nembhard, Annalece	Benedict	12.38m	40-07.50	
6	Howard, Ashley	Winthrop	12.29m	40-04.00	
7	Blackburn, Zachlyn	East Tennessee S	11.85m	38-10.50	
7	Pate, Lindsey	Charlotte	11.85m	38-10.50	
9	Stewart, Zakiyyah	Western Carolina	11.84m	38-10.25	
10	Foster, Jasmine	East Tennessee S	11.79m	38-08.25	
11	Mills, Suzee	Kennesaw State	11.68m	38-04.00	
12	Caballes, Shana	Charlotte	11.61m	38-01.25	
13	McCarroll, Stephanye	Winthrop	11.55m	37-10.75	
14	Hawthorne, Chiquita	Kennesaw State	11.53m	37-10.00	
15	Habersham, Tia	Charleston South	11.07m	36-04.00	
16	Barbosa, Lili	East Tennessee S	10.98m	36-00.25	

17	Fowler, Eileena	South Carolina S	10.70m	35-01.25
18	Morrison, Deirdra	Western Carolina	10.64m	34-11.00
19	Beard, Jordan	East Tennessee S	10.60m	34-09.50
20	Bass, Crystal	Lees-McRae	10.55m	34-07.50
21	Burke, Breonna	Claflin	10.44m	34-03.00
22	Guerra, Breeann	Charleston South	10.15m	33-03.75
23	Rice, Jocelyn	Western Carolina	10.12m	33-02.50
24	Miller, Genay	Lees-McRae	9.83m	32-03.00
25	Morgan, Kayla	Gardner-Webb	9.80m	32-02.00
26	Wilkenson, Ebony	Winthrop	9.60m	31-06.00
27	Nicholson, Aria	Claflin	9.58m	31-05.25
28	Tounzen, Tara	Western Carolina	9.35m	30-08.25
29	Gainey, Alicia	Charlotte	9.28m	30-05.50
30	Frazier, Kayla	Lees-McRae	9.12m	29-11.25
31	Anita-Obong, Amami	Winthrop	8.94m	29-04.00
32	Crutchfield, Naadia	Appalachian Stat	8.91m	29-02.75
33	Cook, Jamara	Lees-McRae	8.51m	27-11.00
34	Flagler, Alexis	Livingstone	8.21m	26-11.25
35	Clifford, Jallisa	Benedict	8.19m	26-10.50
36	Tiplady, Deanne	Appalachian Stat	8.10m	26-07.00
37	Chick, Allie	Unc Asheville	7.87m	25-10.00
38	Anderson, Claire	Unc Asheville	7.56m	24-09.75
--	Pineda, Rebekah	Unc Asheville	FOUL	
--	Nixon, Gabrielle	Benedict	FOUL	
--	Henderson, Amber	Livingstone	FOUL	
--	Jones, Gwennetta	Gardner-Webb	DQ	

Event 10 Men Shot Put

=====

Holmes Cente: * 57-04.75 2009 Anthony Greer, Unattached

Name	Year	School	Finals	
1	McNair, Joshua	Kennesaw State	16.74m	54-11.25
2	Styers, Malcolm	Appalachian Stat	15.62m	51-03.00
3	Gardner, Jerod	Appalachian Stat	15.14m	49-08.25
4	Facey, Noel	South Carolina S	15.00m	49-02.50
5	McPherson, Mike	Gardner-Webb	14.65m	48-00.75
6	Pless, Ryan	Western Carolina	14.45m	47-05.00
7	Burton, Justin	East Tennessee S	14.20m	46-07.25
8	McDaniel, Cale	Western Carolina	14.18m	46-06.25
9	Pearce, Billy	Winthrop	14.09m	46-02.75
10	Coleman, Brian	South Carolina S	13.74m	45-01.00
11	Grabill, Rob	Charleston South	13.59m	44-07.00
11	Lane, Jacob	Unattached-ASU	13.59m	44-07.00
13	Edison, Blake	Charleston South	13.40m	43-11.75
14	Evans, Matt	Western Carolina	13.24m	43-05.25
15	Sneed, Cornell	East Tennessee S	13.02m	42-08.75
16	Poplin, Caleb	Appalachian Stat	13.01m	42-08.25
17	Newton, Jonathan	Unattached-WCU	12.98m	42-07.00
18	Nave, Derek	King	12.94m	42-05.50
19	Gist, Devin	Winthrop	12.89m	42-03.50
20	Bolton, Anton	Charleston South	12.58m	41-03.25
21	Elmore, Mark	South Carolina S	12.53m	41-01.50
22	Cagle, Aaron	East Tennessee S	12.52m	41-01.00
23	Lail, Zane	Appalachian Stat	12.50m	41-00.25
24	Daher, Joe	Lees-McRae	12.39m	40-07.75
25	Baird, Jared	Winthrop	12.29m	40-04.00
26	Reynolds, Casey	Kennesaw State	12.19m	40-00.00
27	Goodchild, Jake	Appalachian Stat	11.86m	38-11.00
28	Riner, Travis	Unattached-Mars	11.71m	38-05.00

29	Van Pelt, Jamie	Western Carolina	11.69m	38-04.25
30	Haygood, Michael	Livingstone	11.60m	38-00.75
31	DeMesme, Rashad	South Carolina S	11.56m	37-11.25
32	Rodgers, John	Claflin	11.25m	36-11.00
33	Clarke, Richard	Mars Hill	11.02m	36-02.00
34	Edwards, Dorian	Livingstone	10.82m	35-06.00
34	Wilson, Gray	Charlotte	10.82m	35-06.00
36	Brusich, Evan	Gardner-Webb	10.38m	34-00.75
37	Broadnax, Alan	Mars Hill	10.35m	33-11.50
38	Clark, Jordan	Limestone	10.15m	33-03.75
39	Smith, Zach	Claflin	9.73m	31-11.25
40	Thomas, Isaiah	Benedict	9.35m	30-08.25
41	Washington, Emmanuel	Claflin	8.69m	28-06.25
42	Smith, Tim	Limestone	8.64m	28-04.25
43	Posey, Leroy	Claflin	7.44m	24-05.00
--	Haake, Simon	Unc Asheville	FOUL	
--	Coleman, Travis	Winthrop	FOUL	
--	Allison, Matt	East Tennessee S	FOUL	
--	Rogers, Travis	Gardner-Webb	FOUL	
--	Stalling, Jared	Appalachian Stat	DNF	

Event 11 Women Weight Throw

Holmes Cente: * 68-01.75 2002 Amber Campbell, Coastal Carolina				
Name	Year	School	Finals	
1	Lumpkin, Jessica	Kennesaw State	17.70m	58-01.00
2	Smyre, Whitney	Appalachian Stat	17.60m	57-09.00
3	Howard, Ashley	Winthrop	16.87m	55-04.25
4	Blackburn, Zachlyn	East Tennessee S	16.30m	53-05.75
5	Stewart, Zakiyyah	Western Carolina	15.63m	51-03.50
6	Hawthorne, Chiquita	Kennesaw State	14.54m	47-08.50
7	Morrison, Deirdra	Western Carolina	14.51m	47-07.25
8	Barbosa, Lili	East Tennessee S	14.36m	47-01.50
9	McCarroll, Stephanye	Winthrop	14.29m	46-10.75
10	Nicholson, Aria	Claflin	13.90m	45-07.25
11	Guerra, Breeann	Charleston South	13.76m	45-01.75
12	Tounzen, Tara	Western Carolina	13.62m	44-08.25
13	Rothmiller, Shamire	South Carolina S	13.58m	44-06.75
14	Watkins, Gayshawna	Appalachian Stat	13.22m	43-04.50
15	Habersham, Tia	Charleston South	12.53m	41-01.50
16	Mills, Suzee	Kennesaw State	12.13m	39-09.75
17	Beard, Jordan	East Tennessee S	12.03m	39-05.75
18	Pineda, Rebekah	Unc Asheville	11.77m	38-07.50
19	Foster, Jasmine	East Tennessee S	11.49m	37-08.50
20	Miller, Genay	Lees-McRae	10.89m	35-08.75
21	Rice, Jocelyn	Western Carolina	10.38m	34-00.75
22	Cook, Jamara	Lees-McRae	9.59m	31-05.75
23	Frazier, Kayla	Lees-McRae	9.49m	31-01.75
24	Chick, Allie	Unc Asheville	9.39m	30-09.75
25	Ratcliff, Brooke	Charlotte	9.19m	30-02.00
26	Wilkenson, Ebony	Winthrop	8.55m	28-00.75
27	Bass, Crystal	Lees-McRae	8.26m	27-01.25
28	Fowler, Eileena	South Carolina S	7.94m	26-00.75
29	Burke, Breonna	Claflin	7.06m	23-02.00
--	Thompson, Brieanne	Gardner-Webb	FOUL	
--	Alexander, Ashlei	Gardner-Webb	FOUL	
--	Anderson, Claire	Unc Asheville	FOUL	

Event 12 Men Weight Throw

Holmes Cente: * 60-03.75 2009 Wes Kiser, Unattached			
Name	Year	School	Finals
1		Styers, Malcolm	Appalachian Stat 17.73m 58-02.00
2		McDaniel, Cale	Western Carolina 17.40m 57-01.00
3		McNair, Joshua	Kennesaw State 16.74m 54-11.25
4		Hayes, James	Charleston South 16.69m 54-09.25
5		Bearry, Pat	East Tennessee S 16.58m 54-04.75
6		Stalling, Jared	Appalachian Stat 15.91m 52-02.50
7		Coleman, Travis	Winthrop 15.90m 52-02.00
8		Poplin, Caleb	Appalachian Stat 15.69m 51-05.75
9		Pless, Ryan	Western Carolina 15.30m 50-02.50
10		Hutschalik, Christoph	Gardner-Webb 15.13m 49-07.75
11		Pearce, Billy	Winthrop 14.71m 48-03.25
12		Nave, Derek	King 14.45m 47-05.00
13		Reynolds, Casey	Kennesaw State 14.26m 46-09.50
14		Allison, Matt	East Tennessee S 14.23m 46-08.25
15		Cagle, Aaron	East Tennessee S 14.17m 46-06.00
16		Burton, Justin	East Tennessee S 14.09m 46-02.75
17		Lane, Jacob	Unattached-ASU 13.89m 45-07.00
18		McPherson, Mike	Gardner-Webb 13.77m 45-02.25
19		Pociatek, Zack	Charleston South 13.76m 45-01.75
20		Daher, Joe	Lees-McRae 13.70m 44-11.50
21		Grabill, Rob	Charleston South 13.69m 44-11.00
22		Van Pelt, Jamie	Western Carolina 13.66m 44-09.75
23		Poisson, JP	Charleston South 13.63m 44-08.75
24		Newton, Jonathan	Unattached-WCU 13.19m 43-03.25
25		Scruggs, Keith	Unc Asheville 12.92m 42-04.75
26		Lail, Zane	Appalachian Stat 12.31m 40-04.75
27		Smith, Tim	Limestone 10.57m 34-08.25
28		Rodgers, John	Claflin 9.27m 30-05.00
29		Clarke, Richard	Mars Hill 9.15m 30-00.25
30		Riner, Travis	Unattached-Mars 8.74m 28-08.25
31		DeMesme, Rashad	South Carolina S 8.62m 28-03.50
32		Clark, Jordan	Limestone 8.40m 27-06.75
33		Smith, Zach	Claflin 7.41m 24-03.75
34		Washington, Emmanuel	Claflin 6.91m 22-08.00
--		Rogers, Travis	Gardner-Webb FOUL
--		Gist, Devin	Winthrop FOUL
--		Daly, Tim	Appalachian Stat FOUL

Event 13 Women 55 Meter Hurdles

Holmes Cente: * 7.62 2003 Kia Davis, Shore AC				
Name	Year	School	Finals	H#
1		Bethune, Ashley	Charlotte 8.05	1
2		Gracia, Monique	South Carolina S 8.12	1
3		Holmes, Rebecca	Winthrop 8.22	1
4		Joseph, Morgan	Western Carolina 8.37	1
5		Brutus, Michelle	Appalachian Stat 8.39	1
6		Daley, Tamala	South Carolina S 8.46	1
7		Jefferson, Brandi	South Carolina S 8.48	1
7		Thomas, Jettana	Western Carolina 8.48	2
9		Williams, Naquia	Kennesaw State 8.54	2
9		Young, Sarah	Winthrop 8.54	2
11		Jones, Shanice	Charlotte 8.55	1
12		Wright, Carlyn	Western Carolina 8.56	2
13		Norman, Patria	Charleston South 8.57	2

14	Crutchfield, Naadia	Appalachian Stat	8.70	3
15	Honor, Sharrone	Winthrop	8.74	2
15	Gainey, Alicia	Charlotte	8.74	3
15	Leverette, Christie	Kennesaw State	8.74	2
18	Brown, Tanekka	Claflin	8.77	1
19	Anita-Obong, Amami	Winthrop	8.80	2
20	Jones, Tori	Unattached-WCU	8.86	3
21	Davis, Joanna	Appalachian Stat	9.17	3
22	Young, Cecily	Charlotte	9.22	2
23	McCoy, Shantra	Lees-McRae	9.26	3
24	Lee, Yazzming	Gardner-Webb	9.40	3
25	Doby, Rashawandra	Lees-McRae	9.48	4
26	Morgan, Kayla	Gardner-Webb	9.49	3
27	Lewis, Rosie	Davidson	9.68	3
28	Montgomery, Shivaun	Limestone	9.73	4
29	Hayes, Nadine	Mars Hill	9.78	5
30	Tyler, Erin	Lees-McRae	10.33	4
31	Arledge, Caroline	Gardner-Webb	10.42	4
31	Mercer, Meredith	Mars Hill	10.42	5
33	Brooks, Emily	Lees-McRae	10.44	4
34	Foster, Kaci	King	10.50	4
35	Hunt, Ashley	Unc Asheville	10.61	4
36	Milton, Katy	Gardner-Webb	10.63	4
37	McCarthy, Ashley	Mars Hill	10.80	5
38	Wingler, Lauren	Mars Hill	11.52	4
39	Gaddis, Janet	Claflin	11.62	3
40	Sellers, Ashton	Limestone	15.63	5
--	Crutchfield, Kiara	Appalachian Stat	FS	1
--	Stinson, Lakeshia	Kennesaw State	DNF	2

Event 14 Men 55 Meter Hurdles

Holmes Cente: * 7.17 2003 Anwar Moore, St. Augustine				
Name	Year	School	Finals	H#
1	James, Mike	East Tennessee S	7.35	1
2	Waters, Frankie	Mars Hill	7.45	2
3	Bethune, Christian	Western Carolina	7.65	1
4	Boruff, Matt	Appalachian Stat	7.67	2
5	Rucker, Johnathan	Gardner-Webb	7.68	1
6	Chernikow, Nic	East Tennessee S	7.71	4
7	Grant, Tremaine	Kennesaw State	7.75	1
8	Lovett, Christopher	South Carolina S	7.80	1
9	Trapp-Jackson, Rakim	Benedict	7.81	5
9	Simms, Keary	Winthrop	7.81	4
11	Brusich, Evan	Gardner-Webb	7.82	3
12	Jones, Trey	Appalachian Stat	7.85	2
12	Chandler, Dewayne	Charlotte	7.85	1
14	Bush, Phillip	Appalachian Stat	7.92	2
15	Dohanic, AJ	Appalachian Stat	7.94	2
16	Mobley, Daniel	Gardner-Webb	7.99	3
17	Gore, Richard	Limestone	8.00	3
18	Blow, Emanuel	South Carolina S	8.04	1
19	Burton, Luke	Unattached-WCU	8.07	4
19	Easley, Jeremy	Kennesaw State	8.07	2
21	Smith, Christopher	Benedict	8.10	5
22	Bentley, Tyler	Unattached-WCU	8.12	3
23	Sulick, Charles	Winthrop	8.16	4
24	Riggins, Dominique	Charleston South	8.22	2
25	Reardon, Sean	Western Carolina	8.24	2

26	Billian, Trey	Guilford	8.25	5
27	Miller, Jamaal	Western Carolina	8.27	3
28	Williams, Brandon	Lees-McRae	8.29	5
29	Coburn, Jordan	Claflin	8.32	3
30	Briggs, Jordan	East Tennessee S	8.34	4
31	Brown, Joseph	Lees-McRae	8.36	4
32	Gift, David	Unattached-WCU	8.37	4
33	Webb, Danny	Limestone	8.57	5
34	Goodchild, Jake	Appalachian Stat	8.58	5
35	Gilbert, Les	East Tennessee S	8.74	4
36	Boyd, Ian	Unc Asheville	8.76	5
37	Barber, Will	Mars Hill	8.77	3
38	Whisnant, Antwain	Unattached-WCU	8.79	3
39	Richardson, Glenn	Lees-McRae	9.14	5
40	Inman, Lawrence	Claflin	9.16	3
41	Bennett, Robby	Lees-McRae	10.66	5
--	Facinoli, Theo	Winthrop	FS	4
--	James, Joshua	Kennesaw State	DQ	2
--	Mathis, Tyree	Winthrop	DQ	5

Event 15 Women 55 Meter Dash

=====				
Holmes Cente: * 6.88 2005 Felicia Fant, Unattached				
Name	Year	School	Finals	H#
=====				
1	Paulding, Felicia	Western Carolina	6.99	1
2	Houston, Gabrielle	Charleston South	7.03	1
2	Mobley, Nicole	South Carolina S	7.03	2
4	Bethune, Ashley	Charlotte	7.08	2
5	Hicks, Yazmin	South Carolina S	7.10	2
6	Frazier, Arnetra	South Carolina S	7.13	1
7	Thomas, Jessica	Charleston South	7.16	1
8	Davis, Cynthia	Kennesaw State	7.19	1
9	Parrish, Raven	Western Carolina	7.20	1
10	Williams, Naquia	Kennesaw State	7.21	1
11	Parker, Christina	Appalachian Stat	7.24	2
12	Bowers, Emma	Western Carolina	7.26	1
13	Brewton, Lanneka	King	7.29	3
14	Frazier, Cierra	Charlotte	7.30	2
15	Jackson, Victoria	Kennesaw State	7.33	1
16	Davis, Amanda	King	7.36	3
16	Greer, Brittany	Charleston South	7.36	2
18	Barbee, Bri	Limestone	7.37	3
19	Froneberger, Sherrelle	Western Carolina	7.40	2
20	Wilkes, Jasmine	Limestone	7.41	5
21	Parks, Valerie	Unattached-WCU	7.43	3
22	Holmes, Rebecca	Winthrop	7.45	3
23	Lynch, Mardavia	Winthrop	7.46	3
24	Stinson, Lakeshia	Kennesaw State	7.48	1
25	Davis, Joanna	Appalachian Stat	7.58	2
26	Tucker, Charqweshia	Charlotte	7.60	2
27	Hagler, Kiana	King	7.61	3
28	Jones, Eureka	Unc Asheville	7.63	3
28	Sherman, Sweetie	Livingstone	7.63	4
30	Lewis, Rosie	Davidson	7.65	4
31	Hooker, Jill	King	7.67	3
32	Gilliam, Alexis	Winthrop	7.68	4
33	Hall, Joy	Lees-McRae	7.69	4
34	Lowe, Auburn	Lees-McRae	7.91	4
35	Sutherland, Sharisse	Mars Hill	7.94	4

36 Tyler, Erin	Lees-McRae	7.97	4
37 Guy, Jalila	Charlotte	8.01	5
37 Melvin, Clarice	Livingstone	8.01	4
39 Walker, Jamila	Mars Hill	8.12	2
40 McEntyre, Jessica	Mars Hill	8.15	3
41 McCoy, Shantra	Lees-McRae	8.25	4
42 Daugherty, Chelsea	Mars Hill	8.27	4
43 Phillips, Taylor	Guilford	8.62	5
44 Saez, Alina	Guilford	9.02	5
-- Wotkns, Lily	Guilford	FS	5

Event 16 Men 55 Meter Dash

=====				
Holmes Cente: * 6.15 2001 David Collin, Clemson				
Name	Year	School	Finals	H#
=====				
1 Monal, Dural		East Tennessee S	6.30	2
2 Young, Javon		Charleston South	6.35	1
3 Young, Dominique		Western Carolina	6.36	1
4 Powell, Landon		Appalachian Stat	6.37	2
5 Benton, Travis		Kennesaw State	6.43	1
6 Lockard, TJ		Unattached-ASU	6.48	2
6 Moore, Dennis		Appalachian Stat	6.48	1
8 Duncan, Ronald		Western Carolina	6.50	1
9 Bethune, Christian		Western Carolina	6.51	1
9 Stephens, Marcus		South Carolina S	6.51	1
11 Thomas, Justin		Appalachian Stat	6.53	3
11 Ward, Anthony		Charleston South	6.53	2
11 Hasty, Zachery		South Carolina S	6.53	1
14 Bowman, Willie		Western Carolina	6.56	2
14 Washington, Darnell		Benedict	6.56	5
16 Waters, Frankie		Mars Hill	6.59	6
17 Washington, Bryan		Limestone	6.60	3
17 Pearce, DeSean		Appalachian Stat	6.60	2
17 Martinez, Jemir		Kennesaw State	6.60	1
20 Schoultz, Marcus		Charleston South	6.63	2
21 Watson, Shavar		King	6.65	5
22 Simms, Keary		Winthrop	6.66	3
23 Greene, Marquis		Limestone	6.67	7
24 Hill, Andrew		Appalachian Stat	6.68	2
25 Davis, Laval		Benedict	6.69	5
26 McReynolds, Isaac		Charlotte	6.71	3
26 Williams, Marvin		South Carolina S	6.71	2
28 Miller, Bo		Gardner-Webb	6.73	4
29 Glenn, Chris		Lees-McRae	6.75	3
30 Purcell, Robert		East Tennessee S	6.77	4
31 Matthews, Octavius		Livingstone	6.79	3
31 Steinke, Paul		Gardner-Webb	6.79	5
31 Ford, Jeremy		East Tennessee S	6.79	4
34 Tinsley, Derrick		Livingstone	6.81	3
34 Lee, Max		East Tennessee S	6.81	4
36 Alexander, Corey		Lees-McRae	6.84	6
36 Mack, Korel		Charlotte	6.84	4
38 Hood, Willie		Benedict	6.86	5
38 Burton, Luke		Unattached-WCU	6.86	4
38 Grate, Garred		Livingstone	6.86	2
38 Phillips, Adam		Lees-McRae	6.86	6
42 Larsen, Derek		Unc Asheville	6.89	5
43 Parker, Quan		Guilford	6.90	7
44 Enright, Billy		Unc Asheville	6.91	4

45	Thurman, Kegan	Kennesaw State	6.93	5
46	Trapp-Jackson, Rakim	Benedict	6.95	5
46	Egeonu, Leslie	Unattached-Guilf	6.95	7
48	Fuller, Chase	Gardner-Webb	6.97	4
49	Clark, Quarderius	King	7.02	4
49	DeBerry, Josh	Mars Hill	7.02	6
51	Williams, Mike	Guilford	7.05	7
51	Chandler, Dewayne	Charlotte	7.05	4
53	Hamrick, Tanner	Limestone	7.06	6
54	Ragland, Sherman	Mars Hill	7.09	6
55	Brown, Joseph	Lees-McRae	7.17	6
56	Broadnax, Alan	Mars Hill	7.22	6
57	Makupson, Brian	Limestone	7.27	7
58	Gift, David	Unattached-WCU	7.33	6
59	Scruggs, Keith	Unc Asheville	7.42	5

Event 17 Women 1 Mile Run

=====

Holmes Cente: * 5:01.03 2002 Stephanie Vangsnes, Winthrop

Name	Year	School	Finals
1	German, Caitlin	Kennesaw State	5:34.20
2	Blackmon, Quanika	Limestone	5:35.90
3	Zimmerman, Ariel	Gardner-Webb	5:37.84
4	Rankin, Courtney	Limestone	5:44.14
5	Daniley, Patrecia	South Carolina S	5:44.48
6	Williams, Amber	South Carolina S	5:46.68
7	Schofield, Jennifer	Winthrop	5:48.85
8	Hughes, Ivana	Gardner-Webb	5:52.81
9	Steinke, Leah	Gardner-Webb	5:54.15
10	Olert, Katie	Unc Asheville	6:03.39
11	Jones, Tori	East Tennessee S	6:04.76
12	Sawyer, Elisabeth	Gardner-Webb	6:04.96
13	Audia, Hannah	East Tennessee S	6:06.63
14	Saby, Linnea	Guilford	6:10.86
15	Brevard, Oni-Re Ife	Livingstone	9:21.10
16	Brevard, Oni-Ire	Livingstone	10:31.02

Event 18 Men 1 Mile Run

=====

Holmes Cente: * 4:14.09 2002 Philip Rotich, Milligan

Name	Year	School	Finals
1	Ronoh, Ben	East Tennessee S	4:22.41
2	Rotich, Kenneth	East Tennessee S	4:22.47
3	Fitzsimmons, AJ	Winthrop	4:32.25
4	Kurgatt, Charles	South Carolina S	4:33.08
5	Gonzalez, Manny	East Tennessee S	4:35.72
6	Davis, Michael	Lees-McRae	4:40.11
7	Jones, Ryan	East Tennessee S	4:40.79
8	Kirwa, Justus	Limestone	4:42.43
9	Kosgei, Derick	Guilford	4:46.32
10	Steinke, Charlie	Gardner-Webb	4:49.47
11	Weaver, Jay	Appalachian Stat	4:50.34
12	Hoyle, Jake	Gardner-Webb	4:56.90
13	Berry, Zach	East Tennessee S	4:57.83
14	Green, Quinton	South Carolina S	5:00.15
15	Shepard, Aaron	Claflin	5:00.77
16	Wroblewski, Ryan	Guilford	5:03.10
17	Molina, Giovanni	Benedict	5:04.68

18	Lomax, Rodriques	Benedict	5:04.84
19	Rogers, Richard	Guilford	5:15.45
20	Eagle, Kevin	Limestone	5:17.28
21	Musslewhite, Lukas	Guilford	5:19.82
22	Reeder, Geoffrey	Claflin	5:22.19
23	Morant, Christopher	Benedict	5:23.49
24	Mutai, Ezra	Livingstone	5:23.59
25	McCraw, Garrett	Limestone	5:25.33
26	Bodamer, Ken	Limestone	5:27.84
27	Gould, Mason	South Carolina S	5:28.33
28	Reeves, Christopher	South Carolina S	5:28.37
29	Newby, Conzallar	Claflin	5:52.32

Event 19 Women 400 Meter Dash

=====				
Holmes Cente: * 55.63		2009	Janet Carothers, Western Carolina	
Name	Year	School	Finals	H#
=====				
1	McMichael, Shalyn	Western Carolina	57.53	1
2	Davis, Amanda	King	57.88	1
3	Coleman, Kortnie	Charlotte	58.36	1
4	Garren, Felisha	Western Carolina	58.41	1
5	Robinson, Sasha	Winthrop	58.48	2
6	Simmons, Brittany	King	58.56	1
7	Cunningham, Ebonie	Charlotte	58.64	1
8	Dunlap, Asia	Appalachian Stat	59.02	1
9	Boswell, DeCoshia	Kennesaw State	59.32	2
10	Moss, Andranette	South Carolina S	59.52	2
11	McLucas, D'Shawrna	Appalachian Stat	59.91	2
12	Brown, Ashley	Charlotte	1:00.22	1
13	Wilcox, Lauren	Charlotte	1:01.05	2
14	Knowles, Kaneesha	Unattached-Bened	1:01.22	3
15	Wright, Danielle	Davidson	1:01.37	3
16	James, Monique	Winthrop	1:01.51	2
17	Shields, Helena	Unattached	1:01.58	2
18	Fields, Candace	Claflin	1:02.25	2
19	Williams, Lache	Benedict	1:03.01	4
20	Adamson, Cassie	Mars Hill	1:03.38	3
21	Bowers, Rachel	East Tennessee S	1:03.51	3
22	Witherspoon, Kayla	Winthrop	1:03.82	3
23	Martin, Shenita	Appalachian Stat	1:03.96	1
24	Stewart, Maya	Limestone	1:04.36	3
25	Jones, Tori	Unattached-WCU	1:05.22	4
26	Pugh, Sade	South Carolina S	1:05.38	2
27	Adams, Shamaka	Limestone	1:05.51	4
28	Earwood, Kayleen	Lees-McRae	1:05.59	3
29	Railford, Anastasia	Claflin	1:05.85	2
30	Wingard, Rachel	King	1:05.93	3
31	Pineda, Emily	Unc Asheville	1:06.01	4
32	Reasonover, Deandra	Benedict	1:06.78	4
33	Mull, Charlotte	Unc Asheville	1:07.08	4
34	Manilla, Jena	Davidson	1:07.59	3
35	Turner, Ambria	Claflin	1:09.28	4
36	Baca, Aurelia	Unc Asheville	1:15.62	4

Event 20 Men 400 Meter Dash

=====				
Holmes Cente: * 47.88		2009	Manteo Mitchell, Western Carolina	
Name	Year	School	Finals	H#
=====				

1	Brooks, Levi	Charleston South	48.75	1
2	Davis, Benny	Western Carolina	48.87	1
3	Law, Darius	Charlotte	49.35	1
4	Verdi, James	Kennesaw State	49.45	1
5	Svoboda, John	Appalachian Stat	49.82	1
6	Carter, Carlos	Appalachian Stat	49.93	2
7	Kasson, Ethan	Kennesaw State	50.17	1
8	Zeller, Nick	Appalachian Stat	50.30	2
9	Guyon, Devonte	Charlotte	50.38	2
10	Dawes, Handy	Charlotte	50.44	2
11	Watson, Shavar	King	50.61	4
12	Franklin, Drew	Winthrop	50.76	3
13	Williamson, Ryan	King	50.86	3
14	Hairston, Brandon	Western Carolina	50.96	1
15	Hill, John	Clafin	51.06	1
16	Giles, Zach	Clafin	51.41	2
17	O'Dell, Tim	East Tennessee S	51.43	2
18	Tanis, Brad	Lees-McRae	51.54	3
19	Blow, Emanuel	South Carolina S	51.63	3
19	Lawson, Denzelle	Charlotte	51.63	2
21	Dohanic, AJ	Appalachian Stat	51.79	5
22	McClary, Marcus	Western Carolina	51.86	2
23	Merritt, Codi	Gardner-Webb	52.11	3
24	Graham, Brian	Kennesaw State	52.26	4
25	Combs, Tyler	Appalachian Stat	52.51	4
26	Lovett, Christopher	South Carolina S	52.70	1
27	Whisnant, Antwain	Unattached-WCU	52.71	4
28	King, Bradley	Lees-McRae	52.81	3
29	Bentley, Tyler	Unattached-WCU	53.09	5
30	Curnow, Ethan	Unattached-WCU	53.13	4
31	McClain, Royce	Western Carolina	53.47	3
32	Russell, Briann	Limestone	53.52	4
33	Precia, Kevin	Benedict	53.63	3
34	Holmes, Jamar	Benedict	53.86	3
35	Sulick, Charles	Winthrop	53.95	4
36	Farrar, Josh	Unattached-Guilf	53.97	6
37	Mostella, Stephen	Lees-McRae	54.20	4
38	Stephens-Holland, Gerald	Appalachian Stat	54.38	2
39	Lipscomb, Antonio	Limestone	54.46	5
40	Tolliver, Travis	Limestone	54.79	5
41	Coe, Brenton	Winthrop	54.99	5
42	Smith, Nathan	Lees-McRae	55.72	5
43	Webb, Danny	Limestone	57.77	6
44	Smith, Chad	Clafin	57.80	4
45	Waldron, Hunter	Livingstone	59.12	5
46	Eckard, Cody	Mars Hill	59.84	5
47	LaPlaca, David	Guilford	1:00.04	6
--	Mathis, Tyree	Winthrop	DNF	5
--	Tansey, David	Kennesaw State	DQ	2

Event 21 Women 800 Meter Run

Holmes Cente: * 2:14.66 2003 Maria Medina, St. Augustine				
Name	Year	School	Finals	H#
1	Ingram, Jasmine	East Tennessee S	2:22.48	1
2	Bowers, Hannah	Western Carolina	2:24.41	1
3	Johnson, Tierra	Western Carolina	2:25.01	1
4	Bishop, Ashton	East Tennessee S	2:26.51	1
5	Williams, Amber	South Carolina S	2:27.89	1

6	Todd, Jenae	Kennesaw State	2:28.88	1
7	Raymond, Leslie	Unattached-WCU	2:29.33	1
8	Daniley, Patrecia	South Carolina S	2:29.74	2
9	Burke, Bridget	Appalachian Stat	2:30.59	1
10	Zimmerman, Ariel	Gardner-Webb	2:31.01	3
11	Williams, Veronique	Benedict	2:31.36	3
12	Collier, Tsanni	Western Carolina	2:31.65	2
13	Smalls, Keyona	Claflin	2:33.37	2
14	Brutus, Michelle	Appalachian Stat	2:35.47	2
15	Coburn, Samantha	Winthrop	2:36.43	1
16	Childress, Alyse	Unattached-WCU	2:37.17	2
17	Lawason, Brittany	Limestone	2:40.72	3
18	Howie, Linnea	Appalachian Stat	2:43.23	1
19	Clausing, Amanda	Limestone	2:44.86	4
20	Morrison, Tamoya	South Carolina S	2:45.08	3
21	Freyer, Brittany	Guilford	2:46.44	4
22	Snyder, Stephanie	Charlotte	2:47.22	4
23	Rydzik, Milissa	Limestone	2:47.93	4
24	McKee, Susanna	Charleston South	2:48.08	3
25	Amara, Priscilla	Benedict	2:48.23	4
26	Vereb, Christelle	Western Carolina	2:50.25	2
27	Bramwell, Samantha	Livingstone	2:54.92	3
28	Odugbela, Oprah	South Carolina S	2:56.89	2
29	Martin, Nickesha	Livingstone	3:29.53	4
--	Ruth, Ashley	King	DNF	3
--	Maney, Samantha	King	DNF	3

Event 22 Men 800 Meter Run

=====				
Holmes Cente: * 1:52.70 2003 Caleb Bailey, Western Carolina				
Name	Year	School	Finals	H#
=====				
1	Tucker, Drew	Western Carolina	1:57.57	1
2	Roach, Stephon	Western Carolina	1:58.07	1
3	Grass, Daniel	Kennesaw State	1:58.53	1
4	Guntner, Mike	Kennesaw State	1:58.80	1
5	West, Garrett	Western Carolina	1:59.63	1
6	Ronoh, Ben	East Tennessee S	2:01.68	1
7	Jennings, Jestin	Western Carolina	2:02.10	1
8	Kurgatt, Charles	South Carolina S	2:02.54	1
9	Justice, Chris	Unattached-WCU	2:02.61	2
10	Chesser, Connor	Appalachian Stat	2:03.08	2
11	Shepard, Aaron	Claflin	2:04.09	3
12	Anderson, Seth	Appalachian Stat	2:05.06	2
13	Purcell, Robert	East Tennessee S	2:05.42	3
14	Green, Quinton	South Carolina S	2:05.49	2
15	Lomax, Rodriques	Benedict	2:05.92	3
16	Axson, Dashan	South Carolina S	2:05.99	3
17	Miles, Corey	Unattached-WCU	2:06.38	2
18	Benjamin, Durane	Winthrop	2:06.69	3
19	Harris, Brandon	Charleston South	2:07.12	3
20	Steinke, Charlie	Gardner-Webb	2:07.28	2
21	Stanley, Tyler	King	2:07.29	3
22	Murray, Chris	Unc Asheville	2:08.49	3
23	Reeves, Christopher	South Carolina S	2:08.78	2
24	Waddy, Cordell	Livingstone	2:09.13	2
25	Hoyle, Jake	Gardner-Webb	2:11.37	4
26	Runnells, Chris	Limestone	2:14.04	4
27	Molina, Giovanny	Benedict	2:15.11	4
28	Arguimbau, Andre	Guilford	2:15.35	5

29	Watson, Nate	Mars Hill	2:15.61	4
30	Newby, Konzallar	Claflin	2:16.03	2
31	Reeder, Geoffrey	Claflin	2:16.91	4
32	Makupson, Brian	Limestone	2:17.35	5
33	Wroblewski, Ryan	Guilford	2:17.82	5
34	Bernard, Dustin	Limestone	2:18.68	4
35	Holloway, Jabari	Claflin	2:20.38	4
36	Morant, Christopher	Benedict	2:24.66	5
37	Musslewhite, Lukas	Guilford	2:24.99	5
38	Jordan, William	Livingstone	2:28.49	4
39	Fulton, Robert	Livingstone	2:29.56	5

Event 23 Women 200 Meter Dash

=====

Holmes Cente: * 24.79 2006 Racquel Ramseur, Western Carolina

Name	Year	School	Finals	H#
1	Mobley, Nicole	South Carolina S	25.18	1
2	Silver, Chalonda	Charlotte	25.27	1
3	Houston, Gabrielle	Charleston South	25.34	1
4	Hicks, Yazmin	South Carolina S	25.42	1
5	Peake, Erica	South Carolina S	25.45	1
6	Froneberger, Sherrelle	Western Carolina	25.96	1
7	Downing, Tiffanie	Charlotte	26.00	1
8	Thomas, Jessica	Charleston South	26.01	1
9	Parker, Christina	Appalachian Stat	26.18	2
10	Jackson, Victoria	Kennesaw State	26.20	2
11	Davis, Cynthia	Kennesaw State	26.28	2
12	Butler, Sirrell	Charlotte	26.33	1
13	Barbee, Bri	Limestone	26.35	4
14	Brewton, Lanneka	King	26.41	2
15	Frazier, Arnetra	South Carolina S	26.58	1
16	Anita-Obong, Amami	Winthrop	26.79	3
17	Liriano, Nadia	Appalachian Stat	26.99	4
18	Joseph, Morgan	Western Carolina	27.04	4
19	Williams, Lache	Benedict	27.10	4
19	Greer, Brittany	Charleston South	27.10	2
21	Wright, Charlyn	Western Carolina	27.12	3
22	Tucker, Charqweshia	Charlotte	27.18	2
23	Mack, Naomi	Kennesaw State	27.29	4
24	Lynch, Mardavia	Winthrop	27.31	2
25	Gentry, Sarah	Unc Asheville	27.48	4
26	Stewart, Maya	Limestone	27.49	6
27	Martin, Shenita	Appalachian Stat	27.51	3
28	Parks, Valerie	Unattached-WCU	27.55	3
29	Wilkes, Jasmine	Limestone	27.63	6
30	Wright, Danielle	Davidson	27.73	3
31	James, Monique	Winthrop	27.84	2
32	Hagler, Kiana	King	28.13	5
33	Wright, Bethany	Gardner-Webb	28.14	4
34	Davis, Joanna	Appalachian Stat	28.15	3
35	Dorsett, Tai	Kennesaw State	28.39	3
36	Lewis, Rosie	Davidson	28.46	4
37	Melvin, Clarice	Livingstone	28.59	5
38	Hooker, Jill	King	28.68	3
39	Stafford, Whitney	Unc Asheville	28.74	5
40	Lowe, Auburn	Lees-McRae	28.76	5
41	Walker, Jamila	Mars Hill	28.89	5
42	Hall, Joy	Lees-McRae	29.12	5
43	Lightner, Mandy	Appalachian Stat	29.20	4

44	Sellers, Ashton	Limestone	29.24	7
45	McClintock, Corey	Unc Asheville	29.42	5
46	Howell, Ann Marie	Gardner-Webb	29.61	6
47	Tiplady, Deanne	Appalachian Stat	29.79	5
48	Hunt, Ashley	Unc Asheville	29.95	6
49	Reasonover, Deandra	Benedict	30.04	4
50	Doby, Rashawandra	Lees-McRae	30.29	6
51	Daugherty, Chelsea	Mars Hill	30.71	6
52	Cook, Taylor	Gardner-Webb	31.56	6
53	Saez, Alina	Guilford	32.54	7
54	Wotkns, Lily	Guilford	32.84	7
55	Phillips, Taylor	Guilford	34.16	6
--	Poindexter, Iesha	Lees-McRae	DNF	5
--	Powell, Brittany	Western Carolina	DNF	3

Event 24 Men 200 Meter Dash

=====				
Holmes Cente: * 21.63 2004		Derrick Johnson, UNC Charlotte		
Name	Year	School	Finals	H#
=====				
1	Young, Javon	Charleston South	21.51*	1
2	Svoboda, John	Appalachian Stat	22.30	1
3	Ward, Anthony	Charleston South	22.44	1
4	Powell, Landon	Appalachian Stat	22.56	2
5	Schoultz, Marcus	Charleston South	22.74	2
5	House, Demario	Charlotte	22.74	1
7	Duncan, Ronald	Western Carolina	22.80	1
8	Pearce, DeSean	Appalachian Stat	22.82	3
9	Washington, Darnell	Benedict	22.86	3
10	Benton, Travis	Kennesaw State	22.91	1
11	Hill, Reggie	Charlotte	22.96	2
12	Stephens, Marcus	South Carolina S	22.99	2
13	Bethune, Christian	Western Carolina	23.00	2
14	Williams, Marvin	South Carolina S	23.08	2
15	Lockard, TJ	Unattached-ASU	23.18	3
15	Bush, Phillip	Appalachian Stat	23.18	2
17	Whisnant, Antwain	Unattached-WCU	23.22	4
18	Thomas, Justin	Appalachian Stat	23.23	3
19	Holmes, Jamar	Benedict	23.37	3
20	Grate, Garred	Livingstone	23.40	4
21	Hasty, Zachery	South Carolina S	23.44	1
22	Williams, Brandon	Lees-McRae	23.75	4
23	Washington, Bryan	Limestone	23.78	5
24	Jones, Trey	Appalachian Stat	23.89	4
25	Larsen, Derek	Unc Asheville	23.90	5
26	Dollard, Alex	Western Carolina	23.92	3
27	Williams, Stephen	Lees-McRae	23.96	3
28	Phillips, Adam	Lees-McRae	24.04	3
29	Farrar, Josh	Unattached-Guilf	24.05	6
30	Miller, Jamaal	Western Carolina	24.10	4
31	Hood, Willie	Benedict	24.12	3
32	Curnow, Ethan	Unattached-WCU	24.13	5
33	Lipscomb, Antonio	Limestone	24.26	5
34	Ragland, Sherman	Mars Hill	24.27	4
34	Tinsley, Derrick	Livingstone	24.27	2
36	Waldron, Hunter	Livingstone	24.31	4
37	Fuller, Chase	Gardner-Webb	24.48	4
38	Matthews, Octavius	Livingstone	24.69	2
39	Pickett, David	Unc Asheville	24.72	6
40	Coe, Brenton	Winthrop	24.77	5

41	Clark, Quardarius	King	24.83	5
42	Hamrick, Tanner	Limestone	24.88	6
43	Parker, Quan	Guilford	24.98	6
44	Egeonu, Leslie	Unattached-Guilf	25.05	6
45	Fugh, DeMarquiste	East Tennessee S	25.74	5
--	Glenn, Chris	Lees-McRae	DNF	2

Event 25 Women 3000 Meter Run

=====
Holmes Cente: * 9:08.77 2009 Tasmin Fanning, Virginia Tech

Name	Year School	Finals
1 Parks, Hannah	Appalachian Stat	10:52.88
2 Scott, Laura	Gardner-Webb	11:01.93
3 Gibson, Kristen	Kennesaw State	11:07.44
4 Epps, Caitlyn	East Tennessee S	11:17.06
5 Azarelo, Kristen	Appalachian Stat	11:59.21
6 Chepchumba, Winnie	Livingstone	12:09.61
7 Gadea, Alex	Limestone	12:20.54
8 Hudak, Lia	Gardner-Webb	12:32.03
9 Black, Jennifer	Unc Asheville	12:57.48

Event 26 Men 3000 Meter Run

=====
Holmes Cente: * 8:32.40 2005 David Cheromei, Virginia Intermont

Name	Year School	Finals
1 Morgan, Patrick	Appalachian Stat	8:40.04
2 Deren, Mike	East Tennessee S	8:50.86
3 Weaver, Josey	Western Carolina	8:55.43
4 Freudenthal, Adam	Winthrop	9:00.38
5 Penny, J	East Tennessee S	9:23.37
6 Rankin, Kent	Unc Asheville	9:24.62
7 Carufe, Kyle	Winthrop	9:25.50
8 Witt, Colby	Gardner-Webb	9:31.34
9 Greeson, Andrew	Kennesaw State	9:33.48
10 Stanton-Brooks, Josiah	Gardner-Webb	9:37.85
11 Kelly, Nick	Gardner-Webb	9:37.98
12 Schnapp, Adam	Unc Asheville	9:52.51
13 Barringer, Jay	Unc Asheville	9:55.55
14 Cole, Justin	Gardner-Webb	10:34.30
15 Mercier, Mike	Limestone	10:58.72
16 Mutai, Ezra	Livingstone	11:11.50

Event 27 Women 4x400 Meter Relay

=====
Holmes Cente: * 3:49.28 2005 , Western Carolina

School	Finals	H#
1 Western Carolina 'A'	3:53.41	1
2 South Carolina State 'A'	3:58.36	1
3 Charlotte 'A'	3:58.95	1
4 Western Carolina 'B'	3:59.88	1
5 Kennesaw State 'A'	4:02.75	1
6 Appalachian State 'A'	4:04.85	1
7 South Carolina State 'B'	4:05.25	2
8 East Tennessee State 'A'	4:06.72	1
9 Claflin 'A'	4:08.32	2
10 King 'A'	4:09.69	1
11 Winthrop 'A'	4:11.56	1

12	Kennesaw State 'B'	4:11.80	2
13	Benedict 'A'	4:23.07	3
14	Unc Asheville 'A'	4:23.28	2
15	Unc Asheville 'B'	4:32.41	3
16	Claflin 'B'	4:32.61	2
17	Lees-McRae 'A'	4:32.92	2
18	Gardner-Webb 'A'	4:34.89	2
19	Livingstone 'A'	4:35.50	3
20	Limestone 'A'	4:46.26	1
21	King 'B'	4:50.53	2
--	Appalachian State 'B'	DNF	3
--	Winthrop 'B'	DNF	2

Event 28 Men 4x400 Meter Relay

Holmes Cente: * 3:15.85 2003

School	Finals	H#
1	Kennesaw State 'A'	3:20.30 1
2	Claflin 'A'	3:22.94 1
2	East Tennessee State 'A'	3:22.94 1
4	Western Carolina 'A'	3:23.51 1
5	Western Carolina 'B'	3:23.74 1
6	Kennesaw State 'B'	3:24.94 1
7	South Carolina State 'A'	3:26.61 1
8	Appalachian State 'A'	3:26.62 1
9	Charlotte 'A'	3:26.84 1
10	Gardner-Webb 'A'	3:28.71 2
11	East Tennessee State 'B'	3:33.34 2
12	Unc Asheville 'A'	3:34.20 2
13	Benedict 'A'	3:34.31 2
14	King 'A'	3:34.55 1
15	South Carolina State 'B'	3:34.81 2
16	Winthrop 'A'	3:37.24 2
17	Lees-McRae 'A'	3:39.84 2
18	Appalachian State 'B'	3:43.82 2
19	Mars Hill 'A'	3:44.24 3
20	Claflin 'B'	3:44.68 2
21	Livingstone 'A'	3:47.99 2
22	Limestone 'A'	3:50.04 3
23	Limestone 'B'	3:53.85 3